

## 2009 AUXILIARY BOARD MEETING DATES

|         |         |  |
|---------|---------|--|
| March 9 | 9:30 am | 5 <sup>th</sup> Floor Conference Room #3 |
| May 11  | 9:30 am | 5 <sup>th</sup> Floor Conference Room #3 |
| June 8  | 9:30 am | 5 <sup>th</sup> Floor Conference Room #3 |

Please remember that the Board, the Business Manager, the rest of the Auxiliary and Volunteer Services are here as an additional resource. If we can help in any way, we will!

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|  |                                 |              |
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For more information about the Auxiliary please visit us at [www.ohaux.org](http://www.ohaux.org)

Spring *Pulse* DEADLINE: March 9, 2009  
 Summer *Pulse* DEADLINE: June 8, 2009  
 Fall *Pulse* DEADLINE: September 14, 2009

Overlook Hospital Auxiliary  
 99 Beauvoir Avenue  
 Summit, NJ 07901



## PULSE

Volume 35, Number 11

Winter 2008-2009

THE TWIGS...  
 READY FOR THE CHALLENGES OF 2009  
 THANKFUL FOR THE SUCCESSES OF 2008

Overlook Hospital Auxiliary *Wish List* funding by Twigs in 2008

|        |          |   |
|--------|----------|---|
| CH #6  | \$575    | Adopt a Family for Valerie Center   |
| CH #15 | \$10,400 | ID Card Auto Locking Medication Carts for Emergency Department Pediatric & Adult Care<br>Prescription Fund for Health Start Clinic<br>Solarium Furniture & Self Help Books for Oncology<br>Prescription Fund for Social Services<br>Ultrasound chairs for CT/Ultrasound<br>Community Health |
| SH #14 | \$2,300  | Nursing Scholarship   |
| SH #17 | \$3,830  | Flow Meters for Neuro<br>Silk Flower arrangements from Bloom for Orthopedics<br>Staff Chairs for Pulmonary<br>Ultrasound chairs for CT/Ultrasound<br>Receptionist chair for Central Access<br>Auxiliary General Fund  |
| SH #22 | \$77.51  | Auxiliary General Fund  |
| SH #27 | \$7,147  | TBD   |
| SH #24 | \$1,420  | Altar Vestments, Washable Albs, Finger Towels for Pastoral Care   |
| SU #2  | \$7,475  | Create "child-friendly" blood-draw area in Pre-Admission Testing<br>Blood Pressure Doppler for ICU<br>Assorted toys, large & small silk flower arrangements for Central Access<br>Magazine subscriptions for Patient Access   |
| SU #4  | \$4,834  | Holiday Decorations in Pediatrics<br>Board Books for Pediatrics Emergency Department<br>Target Gift Cards & Prescription Funding for Health Start Clinic<br>Wii Bundle Pack w/2 controllers & games for Valerie Center<br>Arts & Crafts supplies for Pediatric Playroom                     |
| SU #9  | \$2,500  | Small Blanket Warmer for Hemodialysis   |
| SU #10 | \$1,350  | Carol G. Simon Cancer Center  |
| SU #11 | \$700    | Auxiliary General Fund  |
| SU #22 | \$1,200  | Auxiliary General Fund  |
| SU #19 | \$16,100 | Bladder Scanner for Orthopedics<br>Vital Signs Machine for Pediatrics<br>Hospice Home Care  |
| SU #30 | \$9,313  | TBD   |
| SU #33 | \$51.57  | Auxiliary General Fund  |
| SU #48 | \$2,600  | Small Blanket Warmer & artificial Christmas Tree for Medical/Telemetry  |

## A LETTER FROM THE PRESIDENTS

Dear Auxilians:

Happy New Year! We hope everyone had an enjoyable and relaxing holiday break and we wish all of our members a happy and healthy 2009.

Thank you to everyone who helped to make the Twin Maples Centennial Show House such a great success. This Event was a monumental undertaking, and whatever your contribution, we are so grateful to all of you. We especially want to thank the House Captains: Judy Mayer, Elsa Russell, Terry Schlenger, Marianne Suffern, Pat Votey and Jennifer Wyckoff who took responsibility for managing the docents for the entire event. The fruits of our labor will be known in the near future when we learn the donation amount that the Auxiliary will be able to give the Carol G. Simon Cancer Center.

Thank you to SH Twig 27 for organizing the Jewelry and Book Sale in September and the Holiday Boutique in December, SU Twig 5 for their Friends of Hospice Fall Festival in October and SH Twig 17 for the Jones New York Coat Sale in November. The hospital looked beautiful thanks to SU Twig 21 who decorated Overlook to celebrate Christmas and SH Twig 18 who blanketed the hospital in celebration of Hanukah.

Specials thanks to Rose Leggiero and Ruth and Ron Rosensweig for their continued monetary support through the ExxonMobil Foundation Volunteer Involvement Program.

We thank all of you for the time that you give as volunteers to help make Overlook Hospital a better place. It is because of your dedication that we are able to fund many **Wish List** items that add the extras to enhance Overlook. You are vital to the Hospital and we truly appreciate everything that you do.

We encourage Twig representation at any of our Board meetings and we are always interested in receiving Twig updates. The nominating process is now in full-swing looking for new Board members. Please contact us if you or friends would like to join the Board in any capacity or you would like to submit a name.

Sincerely,

Terry  
terryr655@msn.com

Amanda  
fordclan@comcast.net



To Members of the Overlook Auxiliary Twigs:

On behalf of the Twin Maples Centennial Show House Executive Committee thank you for all your hard work and dedication to the (Twin Maples Centennial) Show House and our beneficiaries, the Carol G. Simon Cancer Center at Overlook Hospital and the Twin Maples Historic Preservation Fund. You have all helped make this dream a reality.

The estate has truly been through a grand transformation with over \$1.3 million of in-kind, donated improvements. In addition to new kitchens and baths, both the main house and the carriage house are insulated and the energy systems are new, promising to save the estate thousands in annual operating costs.

Also, thank you to those who attended the Summit Junior Fortnightly Club's Black & White Ball for 340 guests on Saturday November 1<sup>st</sup> at the Short Hills Hilton. The event

was sold out, the auction was very successful and it was a lovely evening. A fitting and elegant ending for the Show House!

The future is bright for Twin Maples. We will be renting the Carriage House and are preparing a business plan to share the house with the other 200 plus area charities, rent the house for corporate and private functions to pay the on-going operating expenses and at the same time balance our responsibility to be a good neighbor to those around Twin Maples. Interested charities and non-profits should contact Heidi Evenson at 908-522-9108 or hevenson@comcast.net.

Warmest regards and thanks,

Heidi Evenson & Laurie Finn  
Co-Chairs  
Twin Maples Centennial Show House

## TWIG HAPPENINGS

### SU Twig #1

On December 2 Donate Life Committee members attended a New Jersey Sharing Network Panel Discussion and **Quilts of Love Exhibition** at the Education Center of the Summit Medical Group. The panel was led by Melissa Honohan and William Reitsma, RN, of the Sharing Network and legal expert, Christina Strong, Esq. Each shared their knowledge of Organ & Tissue Donation with the audience. Other panelists were Organ & Tissue donors, recipients and family members, who shared their emotional experiences. Following the Panel Discussion, there was an opportunity to view 19 Quilts in the project which began in 1997. Each year, new quilts are lovingly created with squares designed by families to honor a loved one who has donated his or her organs - giving a second chance at life. The **Quilts of Life Exhibition** continues through January, 2009 in Summit Medical Group's Lawrence Pavilion Lower Lobby Gallery in the Education Center, 1 Diamond Hill Road, Berkeley Heights.

The state legislature passed the **New Jersey Hero Act** in July which allows drivers and registered ID participants to register as Organ Donors on new licenses and renewals. The Hero Act also mandates Organ Donation Education in all New Jersey High School curricula.

SU Twig #1 continues to educate people in many communities about the need for donations and to dispel myths surrounding transplantation. According to the New Jersey Sharing Network, a non-profit organization which helps in the donation process, approximately 4,500 New Jersey residents are currently on organ donation waiting lists and there are 100,000 nationally.

New members are always welcome. For additional information please call Lenore Ford at 973-984-2174 or Madonna Lee at 908-522-2004.



Members of SU Twig #1 take a moment from their Twin Maples Show House Docent responsibilities for a group photo in the beautiful mansion gardens.

**Front row:** Polly Lock & Diantha Pearson

**Back Row:** Ruth Rosensweig, Lenore Ford, Joan Murphy, Dorthy Moxley & Earle Pearson.

### SU Twig #4



SU Twig #4 held its first annual Kentucky Derby Fundraiser in the Spring. The proceeds of this fundraiser will benefit the Overlook Hospital HealthStart Program for women and children, The Valerie Center for children with cancer and the Pediatric Emergency Room. The event was held at the beautiful New Providence home of Dr. Laura and Mr. Bart Zimmermann.

The Twig is thrilled to report that over \$3500 was raised at their event. The money will be used to fund the 2009 Prescription Program for HealthStart, the purchase of a Nintendo Wii for the Valerie Center and to purchase Board Books for the Pediatric Emergency Room.

All funding generated in 2008 from SU Twig #4 was made in memory of Dominic Guida, a friend to many in the community, who passed away from cancer in the Fall.

SU Twig #4 is chaired by Anne Kelligrew St.Clair and is comprised of sixteen women from Chatham, New Providence and Summit. They are caring mothers whose purpose is to enhance the experience of women and children during their stay at Overlook Hospital.

## TWIG HAPPENINGS

## NP Twig #1



*Pictured left to right:* Chairwoman Clarice Milbrodt and Barbara Pape doing their part for laughs, as they make rounds with the Traveling Gift Cart on Halloween.

## CH Twig #15

Members of CH Twig #15, comprised of residents from the Highlands in Chatham, met on Saturday December 6 to assemble and deliver hundreds of Luminaria kits. This fundraiser supplies Luminaries to homeowners in the neighborhood while providing for a beautiful holiday tradition, lighting the entire neighborhood for the holidays. The event was well attended and members enjoyed the invigorating winter day sharing holiday cheer while assembling the Luminaria.



Members of CH Twig #15 take a short break from the Luminaria assembly line to strike a pose for the camera.

## AUXILIARY HAPPENINGS

**Thank you** if you have already paid your **2009 Membership Dues**.

Membership Dues paid **after January 31** are considered late and will be assessed a \$10 Late Fee.

## NOVEMBER 2008 BOARD MEETING



*Left to right::* Auxiliary Co-Vice Presidents Marilyn Chambeau and Lambi Newsham with Alan Lieber, Overlook Hospital President and COO, take a moment for a picture after the Board meeting.



*Left to right::* Auxiliary Business Manager, Madonna Lee and Corresponding Secretary, Cindy Hurley were the winners of the Auxiliary Board Meeting Basket Drawings. They proudly display their beautiful flower arrangement and gift basket, both donated by the Overlook Hospital **Gift Shop and Bloom**.

### 2009-2010 Overlook Hospital Auxiliary Board Nomination Form

The Overlook Hospital Auxiliary has started the process of soliciting nominations for the 2009-2010 Auxiliary Board of Directors. Please consider nominating yourself (we encourage self-submissions) or someone that you feel would like to serve on the 2009-2010 Auxiliary Board of Directors. This is a great way to learn the inner workings of the Auxiliary and to get involved in this very worthwhile and hands-on organization.

\_\_\_\_\_  
Name of Nominee

\_\_\_\_\_  
Contact Number

\_\_\_\_\_  
New Board Position

Check here if this is a self-submission

Please complete and return to: Overlook Hospital Auxiliary, 99 Beauvoir Avenue, Summit, NJ 07901

Thank you

## VOLUNTEER SERVICES

## VOLUNTEER OPENINGS

Volunteer Services would like to extend Saturday hours to 9 a.m. - 1 p.m. If any ADULTS are interested in volunteering during these hours in the Messenger Room please contact Sandi Goerner at 908 522-2099 and she will be happy to assist you with any question you may have.

The **Messenger Room** remains busy facilitating discharges, running errands, delivering patient mail and flowers, miscellaneous mailing projects, and sorting Doctor's mail! We would be grateful for any volunteers who can assist, especially all day Tuesday and Monday and Friday mornings.

**4-AMBULATORY** is looking for help in their reception/waiting area on Mondays and Wednesdays from 6 a.m. to 12 p.m., 12 p.m. to 5 p.m. and on Fridays from 6 a.m. to 10 a.m.

**BLOOM** would appreciate assistance most days, training provided.

**EMERGENCY ROOM** seeks help all day, any day of the week.

**ENDOSCOPY** is seeking help with discharges and preparing stretchers.

**FOOD SERVICES** would appreciate volunteers to do clerical work any weekday morning.

**FOUNDATION** is in need of clerical and mailing assistance any day from 9 a.m. to 4 p.m.

**GIFT SHOP** is in need of help at the register for flexible days or as a substitute.

**INFORMATION DESK** has the following openings:  
Wednesday and Thursday nights 4:30 to 8:00 p.m.  
Substitutes for all shifts

*If you enjoy Customer Service, this is the job for you! We provide on-the-job training for the computer, phones, and directional information.*

**PAIN MANAGEMENT/WOUND CARE** would appreciate several volunteers for patient transportation, confirming appointments, filing, collating packets, faxing and making copies.

**PATIENT ACCESS** would like a volunteer to assist their staff with clerical work and chart preparation, any morning Monday-Friday.

**PEDIATRICS** needs volunteers for the playroom weekend mornings or afternoons.

If you are interested in volunteering in a department that is not currently on this list, feel free to call us, as we receive new requests for volunteers daily. Please contact Sandi at 908-522-2099 or Kristen at 908-522-2720 if you would like to volunteer!



## VOLUNTEER SERVICES

NATIONAL VOLUNTEER WEEK  
APRIL 19 – APRIL 25

## Volunteers

*They are people of all ages and walks of life who offer their time and energy in service of others.  
They touch the lives of the people they serve in many positive ways.  
To be a volunteer is a privilege and an honor.*

Every day you will see a variety of men, women and teen volunteers dashing around the hospital wearing their bright pink, light blue or dark blue smocks. If you have ever wondered what these volunteers do in the course of a shift, you'd be amazed at the answer. On any given day, they will participate in upwards of 40 discharges and STAT blood or pharmacy runs. They deliver medical records, sort and stuff Doctors' mail, run numerous errands and assist as needed in various departments throughout Overlook Hospital. Their work is diversified and always done with a smile. Their purpose is to assist hospital staff wherever an extra hand is needed and they work selflessly for the good of the hospital and society.

There is also a large contingent of Auxiliary volunteers who dedicate many of their volunteer hours outside of the hospital. You'll find them as the driving force behind numerous fundraisers to support "Wish List" items for departments who may not otherwise be able to acquire that something "extra." They support and spread organ donor awareness, knit new baby hats for Maternity, sew hand puppets for several departments, host an Employee and Staff Holiday Reception, coordinate and decorate Overlook Hospital for the holidays and create "Love Pillows" for post-operative patients.

It is clear that our volunteers are invaluable—let's show them how very much they are appreciated, especially during National Volunteer Week. If you see one pass by, please give them a word of thanks and encouragement and let them know what a great job they are do!

## SMOKE FREE CAMPUS



Part of our mission as a health care organization is to support health and wellness. By keeping our campuses smoke free, we're making a statement about our commitment to healthy living. On January 5th, 2009 Atlantic Health went completely smoke free. Smoking is prohibited on all campuses. Information and tools are always available to help you stop smoking or fight the urge while you are here.

\*Atlantic Health Physician Referral and Class Registration: 1-800-247-9580 or atlantichealth.org

\*Atlantic Integrative Medicine: 973-971-4575

\*NJ Quit Line: 1-866-657-8677

\*Atlantic Corporate Health Tobacco Dependence Program: 973-971-7100

\*American Cancer Society: 1-800-ACS-2345 or cancer.org

\*American Heart Association: 1-800-AHA-USA1 or americanheart.org

\*American Lung Association: 1-800-LUNG-USA or lungusa.org

Nicotine gum may be purchased at the Overlook Gift Shop.