



PULSE

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May-June, 2005

Gift of Life Twig Urges All to Sign Organ Donor Cards

by Lenore Ford

Summit Twig#1 members were extremely busy during April, national *Donate Life Month*, spreading the word on organ and tissue donation. We tied green ribbons around trees in 14 towns, accepted proclamations from town mayors, spoke at schools and churches, and watched as the lights of the Empire State Building turned green on April 21st at our request.

This year we engaged the City of Newark in our **awareness campaign**. The New Jersey Performing Arts Center and the Newark Museum allowed us to decorate their trees with green ribbons, and welcomed Twig members who handed out donor registries in the lobbies for 2 days.

*Annette Opsasnick and Tom Matthews handed out many donor registries at the Donate Life table in the NJPAC lobby on Saturday, April 17. Behind them is one of 16 Donor Quilts in New Jersey. Each square made by a family member represents a person who died and gave his or her organs so other people might live. Today, more than 87,000 Americans are waiting for organs, 3,000 in New Jersey, and 17 people die each day waiting. We thank the Overlook Hospital Auxiliary and The Sharing Network in Springfield, New Jersey's organ procurement organization, for continually supporting our efforts. **Please consider becoming an organ and tissue donor. Call me at (973) 984-2174 for information and materials.***



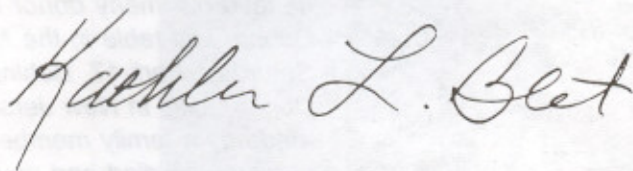
From the President's desk

Spring has Sprung and it's starting to get hot outside. As we prepare for the annual luncheon I wanted to say thank you to all of you for your contributions. Congratulations to Lenore Ford and her Donor Awareness Committee on their 10 year anniversary. Thank you Lambi and the luncheon committee. Those invitations were fabulous and we are all looking forward to the event on May 12, 2005 at Brooklake Country Club.

As we head into the summer, please remember to give blood before you go off into the hinterlands. We really appreciate the effort the Auxiliary is making on the blood drive. It is not painless but it really makes a difference.

On the Centennial, we are still looking for a co-chair to work with Marianne Delaney on the Centennial Walk, and we will need about 50 volunteers the day of the event. Please contact the business office if you have any potential candidates. We have a few openings on the Board and always want to hear your recommendations on people who you think might be interested. The board meetings are once a month and it is a real opportunity to see what goes on at Overlook and play a part in deciding where the Auxiliary spends its time and makes contributions.

Sincerely,



Kathleen L. Blet



Remember the Auxiliary Luncheon and Annual Meeting on Thursday, May 12 at Brooklake Country Club in Florham Park. Dominique Browning, Editor-in-chief of House and Garden, will speak to us on her new book, *Paths of Desire: The Passions of a Suburban Gardener*. If you have not received an invitation, please check our website: www.ohaux.org for more information and a downloadable reply card.

Inaugural Fundraiser Hosted by Summit Twig 10

On Saturday, March 5, 2005, the women of Twig #10 hosted their inaugural Progressive Dinner to benefit the new Pediatric Emergency Room. The event was a ringing success. Over 125 people attended and \$6,800 was raised.



Back Row (standing l. to r.) Veronica Bonnet, Chrissy Mahoney, Jenny Santina, Kate Mayberry, Catherine Colao, Susan Horner, Kathleen Beit. Front row (seated l. to r.) Sue Hubbard, Heidi Collins, Cindy Hurley, Lisa Murray, Karen Holland, Heidi Evenson

SAVE THE DATE

The Overlook Hospital Auxillary "Great Gatherings" Home and Klitchen Tour is scheduled for **Thursday, October 6, 2005**. This biennial event has a long-running tradition of showcasing distinguished and unique homes in the Summit and Short Hills area in an effort to raise funds on behalf of Overlook Hospital.

This years' chairpersons are Clelia Biamonti and Mary Mokuvos. New for this year's tour will be a Home Resource Guide - a booklet given to all ticket holders detailing features of the homes, as well as all of the architects, designers, landscapers and others who have worked on the homes. Advertisement space will be available to these businesses, Twigs, friends of Overlook, and others in the community.

Watch for your invitation in the mail in late summer. Plan now to attend and invite your friends to support this major fundraiser for the Auxiliary. Check our website: www.ohaux.org for updates and to contact us by email.

NOTICE TO TWIGS

Lee Radsch, Twig Vice President

Please remember that for any purchase you make for your Twig or the Auxiliary, you **MUST** use the tax-free form in order to be reimbursed by the Auxiliary. The form is available for download from the "member login" section of the website: www.ohaux.org. To obtain the login and password, see Twig Standing Rules, Sec. XIII. Or call me at: 908-522-9157.

REMINDER TO TWIGS AND AUXILIANS

Auxiliary Dues for 2005 must be received by June 1.

Members unpaid after that date will be removed from the membership and mailing lists.

Please send your **\$15.00** check payable to Overlook Hospital Auxiliary, to:

Marite Robinson, 25 Greënbrier Drive, Summit, NJ 07901

Please include your name, address, phone number and email address, to keep our membership rolls updated.



“Ladies Night Out” A Great Success

by Terri Andrews

Summit Twig #3 held a “Ladies’ Night Out” on Thursday, April 7th, at the home of Heidi Sorvino. The Twig provided appetizers and desserts cooked from their “Great Gatherings” cookbook. The event was attended by over 80 women, and was a great PR opportunity for Twigs and what we offer. Thanks to all who came and sent donations. A wonderful time was had by all.



Pictured at the party, from left to right: Kathleen Beit (Auxiliary President), Amanda Ford and Terry Andrews (Twig #3 co-chairs), and Lambi Newsham (Twig # 3 member).

CELEBRATE CANCER SURVIVORS AT "RELAY FOR LIFE"

Overlook Hospital is the Flagship Sponsor for the third year of the **Relay for Life**, hosted by the American Cancer Society on **Saturday, June 4, 2005**, beginning at 2:00 pm, at the New Providence High School. As a part of the festivities for National Cancer Survivors' Day, Overlook will host a special celebration at 3:00 pm in honor of our own community's cancer survivors.

The Overlook Hospital Relay for Life Team is raising funds for this benefit through Bake and Book Sales. Look for a sale on **Friday, May 20** from **9am to 2pm** in the Atrium off the 5th Floor Lobby. You may also support this event by sponsoring Luminaries which will line the track in honor and in memory of persons whose lives have been touched by cancer. Forms will be available at the Bake Sale, through Overlook Oncology Department, and at the event on June 4. Plan to stop by and support this event with your presence.

For more information on how you can be part of a relay team, or participate in Overlook Hospital's Cancer Survivor's Celebration, call Lee Anne Caffery at **908-522-5349**. In case of inclement weather, the event will be moved to the High School auditorium.



Gift Shop Offers Value and a Coupon!

Remember to include the Auxiliary Gift and Flower Shop in your shopping plans for Spring and Summer. New merchandise is constantly arriving, and is very competitively priced. The Flower Shop not only does arrangements for hospital delivery, but creates stunning custom arrangements for all occasions. **Click on the Gift Shop link on our website: www.ohaux.org, and download a 20% off coupon for your purchase!**

A Great Recipe for Your Gathering from our Cookbook!



Try this home-tested recipe for your next cookout! The Cookbook is available from the Gift Shop at the hospital, and at many area shops as well. It may also be special ordered through any member of Twig 3. The books sold by the Twig come gift-wrapped with a small wire whisk ornament, for \$25. Call 908-277-3019 for more information. You may also download an order form from the website: www.ohaux.org.

Zesty Grilled Vegetables

- 3 T. fresh lime juice
- 3 T. olive oil
- 3 T. butter, melted
- 3 T. fresh cilantro, chopped
- 1 T. chili powder
- 1/4 t. cayenne
- 1 red bell pepper, seeded and quartered
- 1 yellow bell pepper, seeded and quartered
- 1 zucchini, cut diagonally
- 1 yellow squash, cut diagonally
- 1 large red onion, cut in half
- 1 large eggplant, cut into 1" rounds
- 2 large portabella mushrooms, quartered

Prepare the grill. In a large bowl, whisk together the lime juice, olive oil, melted butter, cilantro, chile powder, cayenne and salt and pepper to taste. Add vegetables and toss to coat. Place the vegetables on the grill, and cook until tender, about 5-7 minutes, turning once. Season with additional salt as the vegetables come off the grill. Serve on a large platter. Drizzle with additional olive oil, if desired.



Best Wishes, Nancy!

Auxiliary Business Manager Nancy Kuhn has resigned her position to become a fulltime mom!

Nancy and her husband, John, welcomed 3 year-old Stephanie in late December when they brought her home from Guatemala to the snows of New Jersey. Stephanie has already attended a shower given for her and her mother by Nancy's Twig, New Providence #2, where Nancy plans to continue her active membership.

Much happiness in your new role, Nancy – we will miss your smiling face and supportive presence in the office!

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