



PULSE

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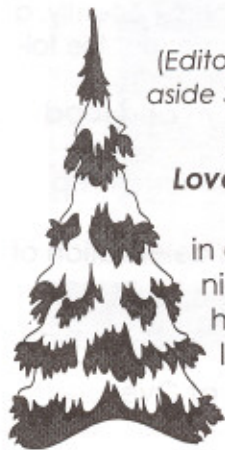
Auxiliary Partners with Hospice to Inaugurate an Overlook Tradition

by Pat Barber, Volunteer Coordinator for Atlantic Hospice

(Editor's note: The Auxiliary Board voted at the September meeting to set aside \$1,000 to help start this hospice project.)

Help us begin an Overlook tradition as we turn on the "**Lights of Love**" for Hospice on **Thursday, December 2nd** from **6:00 to 7:00 pm**.

The volunteers and staff of Atlantic Hospice take great pleasure in collaborating with Overlook Auxiliary to brighten the December nights with a large spruce placed in the picnic area in front of the hospital. The tree is to be decorated with white lights to memorialize loved ones, and a reception in the Auditorium will follow the December 2nd lighting.



We invite your participation, either individually, or as a Twig group. We welcome your help - not only with our mailing, acknowledgments, refreshments and hospitality, but also your suggestions and inspiration - to make this a truly special event. This tree will be a warming sight for employees, patients and visitors during dark December days, and a thoughtful tribute to those in our care.

Please look for your invitation in the mail in early November, and plan to join us for this special event. Thanks to each of you for your service and support. Please call me for more information and to find out how you or your group can participate.

Pat Barber, Volunteer Coordinator
Atlantic Hospice
973-379-8444

from the President's desk

Fall is finally here and it is my favorite time of the year. We are picking pumpkins and apples and enjoying the beautiful mums in so many vivid colors. So much is happening at your Auxiliary. Several new young Twigs have formed and they are developing new projects to help Overlook Hospital. The Kitchen Tour planning is underway with two great co-chairs - Clelia Biamonte and Mary Mokuvos. They have recruited 27 volunteers to ready the homes and we will be looking for docents for the tour which will happen on October 6, 2005.

So many new ideas are taking shape and we are working to get new events planned which are relevant to our community and attractive to our existing and new young members. Recently, a few of us brainstormed on new events for our calendar. We are thinking about the following:

- St. Patrick's Day Party with vendors, Irish clog dancing lessons and food celebrating with the Overlook staff
- A Valentines Day Party with baked goods and merchandise to help sweeten this day for many who are working at the hospital
- A Summit Women's Night sponsored by the new Twigs as a celebration of the Auxiliary and to recruit new members
- Annual Lobby Sale Sponsored by our Twigs and the Gift Shop
- Children's Art Day
- International Day to honor our dynamic multi-cultural staff at Overlook Hospital.

Let us know if you are interested in helping to plan and host these new events. Also, don't forget to look at the new "Wish List" which you may access in the *Members Login* section of the Website. To complement the Fundraising needs we will also be working on identifying new volunteer opportunities at the hospital for our Twigs. Please watch the website and contact Nancy Kuhn at 522-2004 if you or your Twig is looking for a new or additional volunteer opportunity.


Another important milestone is approaching and that is the 100th anniversary of the hospital. As your President, I am working closely with the Centennial Executive Committee to identify a visible role for the Auxiliary. At the moment, Founders Walk is being discussed which will take place in Summit and involve children and their families which will raise both money and community awareness for the hospital. We need volunteers to make this a success and I will be asking the Twigs to help us staff this event.

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There are so many opportunities during the Centennial for the Auxiliary to shine and attract new members. I hope you will grab this opportunity as a way to showcase our great organization and its relevance in our community. Again, thanks for your generous contributions of time and talent to the Auxiliary. I know that your support is what will keep this organization around for another 90 years!



Following is a note from the Overlook Director of Operations, Richard Lillo, who addressed the October Auxiliary Board Meeting regarding some of the plans being discussed for the hospital's centennial celebration in 2005-06.

Overlook Hospital Will Celebrate Centennial in 2006

The Overlook Hospital family is excited about the upcoming Centennial and is anticipating a year full of events, activities and projects worthy of this important milestone. As the Auxiliary is an important member of the Overlook family, it is only fitting that the Auxiliary be involved in one of the events - or better yet, take on ownership of a project.

The list of projects is yet to be finalized but includes activities such as: lecture series, family day, community health lecture and hospital tour, Overlook Hospital calendar, research day and the Overlook Hustle fun-walk. The purpose of these events is to market the services and access that Overlook Hospital provides to the community, and perhaps raise some donations along the way. An entire line of giveaways and celebration items bearing the Overlook Hospital logo and centennial icon will be used to publicize this year-long celebration - culminating in the September 2006 Gala.

If the Auxiliary is interested in adopting one of the above-mentioned projects, the Overlook Hustle fun-walk would be an ideal event. It would provide a high-profile opportunity for the Auxiliary as this is being considered for the kick-off event in the fall of 2005. However, if this event is not consistent with the interest of the group, the Centennial Committee (being co-chaired by myself and Angela Schroeder of Overlook Hospital Foundation) is open to other concepts.



Auxiliary Holiday Open House Will Host Staff, Employees and Volunteers

The Annual Holiday Open House, sponsored by Overlook Auxiliary for our hospital staff, employees, and volunteers, is scheduled for **Wednesday, December 8, from 10am to 4pm** on the fifth floor Volunteer wing. This festive event gives us all an opportunity to express our appreciation to those who are so dedicated to providing the finest medical care for our community.

Each Twig has been asked to provide a minimum of six dozen home-baked cookies/bars for this event, and to deliver them to the Volunteer Office on **Monday, December 6, or Tuesday, December 7, between 9am and 4pm**. Of course, we welcome baked goods from all Auxilians. Please wrap your donations in disposable containers – foil or paper plates, boxes, etc. Hostesses will arrange the cookies on serving plates the day of the party.

Summit Twig 21 represents the Auxiliary as hosts for this event, and we appreciate the great support it has received in the past. It is the homemade treats supplied by Twigs and Auxilians each year which the staff and employees anticipate and enjoy so much – and which make it possible for us to continue this great tradition of service to our hospital.

Thank you to all who help continue this holiday tradition at Overlook. Remember to stop by on the 8th for some holiday cheer! Any questions, please call Sue Taylor, 908-522-1850.

New Providence Twig 2 Invites All to Join Them for Hospital Caroling

All are invited to join New Providence Twig 2 for holiday caroling at Overlook from **6:00 to 8:00 pm** on **Thursday, December 16**. Please meet in the 6th Floor Pediatric Playroom at 6 o'clock, and be a part of this special evening of warmth and cheer. **Male voices are especially welcome!**

For more information, call Jan Schryer at 908-464-1541.





Gift of Life Committee Brings Donor Awareness to Nurses' Conference

by Lenore Ford



At a nurses' conference at Overlook, Gift of Life Committee member Ruth Rosensweig meets "Hug-A-Me", who is holding donor registry cards. Ruth donated one of her kidneys to her sister, and the clown is the pediatric humor therapist at Overlook Hospital.

Organ donors save lives. Call Lenore Ford at 973-984-2174 for more donor information.

Twig 123 Helps Pediatric Child Life Team Serve Patients and Their Families

by Liza Tulloch

The hospital can be an extremely stressful time for pediatric patients and their families. Thanks to the Child Life team, that stress can be greatly reduced through education and fun for all!

The 24 members of Twig #123 are dedicated to helping Child Life in this cause through funding playroom enhancements and teaching tools, and through performing service projects.

If in need, patients and their families are able to access the Comfort Cart, a free service which provides the basics during an unexpected trip to the hospital, from shampoo to socks.

Twig #123 also hosts Breakfasts with Santa and the Easter Bunny for patients, families and staff, complete with goodie bags and handwritten notes.

Additional projects for 2005 include sponsoring monthly Bead Days for patients and siblings, and decorating the Pediatric Unit and Valerie Center.

PECANS FOR SALE BY CHATHAM TWIG #3



Chatham Twig #3 is again selling pecans which will be available the second week of November, in time for all your holiday baking and eating.

The deluxe mammoth pecan halves come in one-pound bags at \$7.00 per bag. We also have available 12 oz. bags of chocolate-covered pecans and 12 oz. bags of pecan turtles (chocolate covered caramel and pecans) which are \$7.00 a bag.

To order any of these items, please call Mary Tracy, Pecan Chairperson, at **973-635-8428**, during the day or evening. As in the past, all profits benefit Overlook Hospital Auxiliary.

Art at Overlook Announces Opening of New Show

The Fifth Floor hall galleries at Overlook will display the work of **Andrew and Mary Bobeck** from November 14 to January 8. These well-received local artists will be showing their watercolors and photography, and all works will be available for sale through the Auxiliary Gift Shop. When you purchase from the Art at Overlook committee, 20% of the sale price goes to support research and services to cancer patients at Overlook Hospital. For more information, call **908-522-2004**

Auxiliary Website Update

Attention: Web TV Users of www.ohaux.org

Because Web TV service does not provide for downloading of coupons and documents, you must access a pc at a local library or a friend's in order to download and print from the website. If you need further information, please call the Auxiliary Office at 908-522-2004.

Use Those Pecans in a "Great Gatherings" Recipe!

Pecan Squares

- 1 ½ sticks chilled unsalted butter, cut in pieces
- ¼ cup powdered sugar
- pinch of salt
- 2 cups all purpose flour
- 1 egg, slightly beaten
- ¾ cup packed brown sugar
- 1/3 cup honey
- 1 t. vanilla
- 2 cups pecan halves



Heat oven to 350. Combine half the butter (¾ stick), powdered sugar and salt in food processor. Process until moist clumps begin to form. Add flour and egg and process just until dough forms. Press dough into bottom and ¾ inch up sides of an 8x8x2 baking pan. Bake until crust is golden, about 22 minutes. Cool slightly. Keep oven on.

Bring brown sugar, honey and remaining butter to boil in heavy large saucepan. Stir frequently and boil 2 minutes. Add vanilla. Stir in pecans. Pour pecan filling into prepared crust. Bake until filling thickens and bubbles all over, about 25 minutes. Cool completely on rack. Cut into 2-inch squares.

Can be made up to 1 day ahead or frozen for a month. Cover and let stand at room temperature.

"Healthy Moms - Healthy Kids" Series

Presented by Overlook Community Health Dept.

The second program in this free series for women will be presented on **Tuesday, November 9 from 9:00 - 11:30 am** in Overlook Conference Room #4, co-sponsored by the Auxiliary, the Junior League of Summit and the Summit Junior Fortnightly Club. The programs feature **"The Focus is Friends: Cliques & Bullying"** presented by professional counselor **Patrick Clinton**, and **"When To Go To the ER"**, presented by **Dr. Kristen Walsh**, pediatrician, Atlantic Children's Medical Center. To register, call Community Health at 1-800-247-9580.

MARK YOUR CALENDAR

Nov. 9 Healthy Moms - Healthy Kids Series
9-11:30am, Conference Room 4

Nov. 14 Art at Overlook - New Show Opens

Dec. 2 "Lights of Love" Tree Lighting, 6pm

Dec. 6-7 Deliver cookies for Open House

Dec. 8 Holiday Open House, 10am-4pm

Dec. 16 Caroling at the Hospital, 6pm

Remember The Overlook Gift and Flower Shop for all your holiday shopping. Visit the website for a 20% off coupon for the shop!

Deadline for Next Issue of PULSE

The deadline for the January-February issue of PULSE is December 10. Send to: Pat Steadman, 74 Portland Rd., Summit, NJ 07901; email to pat.steadman@verizon.net, or deliver to Auxiliary Office, Fifth Floor, Overlook Hospital. Be sure to include your name, address and phone number/ email. Photographs are welcome and will be returned if requested.



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