

CNN's Heidi Collins to Speak at Overlook Auxiliary Luncheon



Heidi Collins, News Anchor with CNN, will be the Keynote speaker at this year's Overlook Hospital Auxiliary Spring Luncheon. Among the many major stories she has covered recently Ms Collins, along with a team of embedded reporters, was the CNN anchor for the coverage of the breaking news about the capture of Saddam Hussein. She was also one of the anchors covering both the Columbia Shuttle re-entry explosion and the overwhelming tragedy of the tsunami disaster. She has conducted in depth interviews with such key political figures as Colin Powell and Donald Rumsfeld. Upon arriving in the New York area in 2003, Ms Collins was a news anchor for CNN's *American Morning*. She is currently affiliated with both *Anderson Cooper 360* and *Paula Zahn Now* which air weeknights on CNN.

She has been a newscaster for over 10 years, beginning her career at NBC affiliate KFDX in Wichita Falls, Texas where she won an Edward R. Murrow Award for local coverage of an U. S. Air Force training jet crash. Moving to the CBS affiliate KKTU in Colorado Springs, Colorado, she was most notably the anchor and field-anchor for the Columbine High School shooting incident. She was awarded two more Edward R. Murrow Awards for her professionalism while reporting this tragedy. She was also selected by the secretary of the Air Force to serve on the 44th annual National Security Forum in 1997 which provided input on our national defense system. By 2000 she had received her first Emmy nomination for her in-depth report on a Colorado foster care camp. Among her many volunteer projects, Ms Collins has done extensive work on behalf of Children's foster care serving as a past-board member of "Camp To Belong", a national foster care organization, and she is currently a spokesperson for the Alliance for People with Disabilities.

No stranger to hospitals, in 1998 Ms Collins suffered a near fatal blood clot which almost required a leg amputation. She and her son both suffer from Celiac Disease which is a highly under-diagnosed auto-immune disease. Needless to say, Ms Collins has learned to overcome adversity while working in a challenging and high-pressure industry.

A resident of the Overlook Hospital service area and a member of the Overlook Hospital Auxiliary herself, Ms Collins feels that it is important to support our local hospital. She will be an inspired speaker at the Luncheon, which is just one of the many events this year celebrating the Overlook Hospital *Centennial*. The Luncheon, which will also include a vendor's table sale and basket raffle, will be held on May 11 at the Brooklake Country Club in Florham Park. For more information about how you may attend this interesting event or how you may become more involved with the Overlook Hospital Auxiliary, please call the Auxiliary Business office at 908-522-2004.

From the President's Desk...



April is recognized nationally as Volunteer Month, during which there are many celebrations to thank volunteers for their dedication and service. The Auxiliary is made up of hundreds of truly devoted members, all of whom volunteer time and provide expertise to benefit the Hospital. The Auxiliary literally wouldn't exist without all of you, and both the Board and the Hospital are extraordinarily grateful to you.

I also want to extend my personal thanks to those Auxiliary members who have taken on additional roles, as Board members, committee chairs, Twig chairs and other officers. You have risen above and beyond, taking on even more responsibility, and it is appreciated on a daily basis.

Our Annual Spring Luncheon will be held on Thursday May 11, at Brooklake Country Club. Heidi Collins, a CNN news anchor (as well as local resident and Auxiliary member) will be our keynote speaker. There will also be vendors' tables and a basket raffle. Invitations are on their way (if not already delivered!). Please plan to attend, and bring friends – it's a lovely way to spend an afternoon.

As many of you are already aware, the Hospital is undergoing major construction. For the next six months, entrance to the lobby and parking will be more challenging. The Hospital has asked us for volunteers to act as ambassadors, greeting visitors and patients alike, directing them where they need to go, and generally ensuring a smooth and pleasant experience in the midst of some chaos. Shifts are flexible, and can be one-time or ongoing. Please contact Madonna in the Business Office if you're interested.

In addition, Community Health would love some volunteers to ride on the Healthy Avenues van, functioning as 'meeter and greeter' and helping with paperwork as required. These are two-hour shifts, and you can even pick a shift when the van is in your community! We're hoping to make the calendar available on the website, but until then, you can contact Madonna to sign up, or for more details.

I hope to see many of you at the Spring Luncheon. Until then, enjoy the warming weather and the flowers that, at this writing, are ready to pop into bloom!

Rachel M. Weinberger

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Scholarship Award Excerpts- Thank You's

By Maryanne Menk

The Overlook Hospital Auxiliary awarded \$5000 in scholarships for the 2005-2006 school year to five deserving students at Union County College! Below are a few of the letters of thanks received.

March 17, 2006

Dear Scholarship Donor:

I would like to take this opportunity to thank you for your generosity in funding my education. It is an honor to be the recipient of this award. Receiving this scholarship motivates me to maintain my GPA and to complete my degree. Earning a higher education is very important and you are not only contributing to my personal success but also to the future of my family. I thank you again for your confidence and willingness to help me achieve my goals.

Sincerely,

Magdalena Samborski

March 21, 2006

Dear Ms. Riquez,

My name is Christiane Pocsardt and I am currently enrolled as a nursing student at Trinitas School of Nursing. I would like to take this opportunity to give a word of thanks for the generous gift of \$500 to be applied to my Fall 2005 tuition as well as the \$500 to be applied to my Spring 2006 tuition. The funds that were given immensely benefited my ability to obtain needed supplies for my education. Words cannot convey my appreciation and gratitude for this scholarship and it is accepted with heartfelt thanks.

Respectfully yours,

Christiane Pocsardt

The formal awards ceremony was held on April 11th, 5:30 pm at Union County College.

Art at Overlook Features Ann Frommer

Photographer Ann Frommer is on exhibit from April 1 to May 27. The following excerpt is taken from Anns biography.

I call myself a late career photographer since my interest peaked and time became available after a long and successful career in Healthcare Management.

The time, interest and opportunity to travel, take my husband, Robert and me to the far corners of the globe, however, we find ultimate enjoyment living part of the time in Eastern Europe. It is here, in Eastern Europe where I can freeze slices of life and experiences with my camera.

My mother, an avid gardener, whose flowers were showcased and described in local Pennsylvania newspapers, always had a camera in her hand. When she insisted on constantly photographing me, I teased her of really wanting to photograph her flowers with me amidst them; now I can understand her motivation.

My father encouraged my photography hobby. At an early age, he set up a darkroom in our basement where I spent many hours developing photos taken with a simple Brownie Hawkeye Camera. During High School, I worked in a photography studio.

During my healthcare career, I was editor of an international healthcare quality newsmagazine, *The Alert*. It was while serving in this capacity that I was able to use my expertise in photography. Writing and photographing subjects for this newsmagazine were challenging and extremely enjoyable tasks. The *Alert* won national recognition.

Eastern Europe holds for my husband and myself part of the "Old World" - its history, beauty, romance and of course, its flowers. Old buildings with flower boxes, villas, vineyards and the people, all offer slices of life that hopefully will give the viewer of my photographs some insight into these charming, richly picturesque regions.

For additional information please contact KyleAnn Ledebuhr at 732-302-1223 ext. 20.



“SPRING IS IN THE AIR” GREAT GATHERING WAS “GREAT SUCCESS”

By Laura Brown



Pictured left to right, Kathryn Colao, Co-chair and hostess with Summit Twig #10 hostesses Laura Brown & Susan Cagnassola (Missing from photo, Co-Chair Heidi Evenson, and hostesses and Twig #10 members Judy Birle, Lisa McDonald, Emily McDonald and Kathleen Beit.)

On Saturday, March 25, the members of Summit Twig #10 hosted the second annual “Spring is in the Air” Great Gathering. The 120 guests included many of our fellow Auxilians, making the night a financial success and fabulous fun. Seven Auxilians generously opened their homes for a progressive dinner which began with an appetizer hour, followed by dinner and dessert. We would like to thank the Co-Chairs Kathryn Colao and Heidi Evenson, the hostesses and the talented members of Twig #10 who made this elegant affair possible. The proceeds from the evening will be donated to Overlook Hospitals’ HealthStart Clinic.



Shown from left to right are : Enid Doyle, Chris McTague, Ruth Boorujy, Annette Suter, Kay Mattheis, Rochelle Leitz, Cathy Doyle and leader Loretta Piluso (Missing from the photo are Adriana Torsiello and Liz Butkowski.)

NEW PROVIDENCE TWIG #7 NEWS

By Annette Suter

New Providence Twig #7 recently displayed its clown hand puppets created at their monthly meetings. The puppets are hand sewn and donated to patients at Overlook Hospital’s Pediatric Department. The dolls provide a two-fold purpose—they not only help to brighten the children’s days, but they are also used as an aid for speech therapy.

Several of Twig #7’s current members have been active since its formation in the 1970’s. In addition to creating the puppets, the Twig also performs various fundraisers during the year proceeds of which are donated toward the purchase of items on Overlook’s Wish List.

***REMINDER-GIFT SHOP AND FLOWER SHOP
REMAIN OPEN DURING LOBBY RENOVATIONS!***

SAVE THE DATES

-Super Garage Sale-

*Sponsored by
Summit Twig #19*

Saturday, May 13

9:00AM to 2:00 PM

309 Springfield Avenue
Summit, NJ

Rain or Shine

Cash Only

Proceeds to Benefit
Overlook Hospital

Thursday, May 11, 2006

Overlook Hospital Auxiliary Spring Luncheon

Featuring Heidi Collins, CNN News Anchor

*Designer Clothing and Accessory Boutique begins at 10:00 am
Luncheon 12 noon*

*Annual Meeting/Election of Officers
Cash Bar*

*Brooklake Country Club
139 Brooklake Road, Florham Park NJ*

*For Information Contact Luncheon Committee Co-Chairs:
Marilyn Chambeau, Marianna Hurrell, Johanna Magovern, Lambi Newsham*

Auxiliary Luncheon Raffle Baskets Needed!



*All Twig Baskets and Other
Contributions Requested by
May 1st*

*Check your email for details and
ideas. Contact Holly Economos at
908-665-2219 or email at
hollyecon@comcast.net*



Charity Shopping Day

Date: Tuesday, May 9
Place: 609 North Avenue in Westfield, N.J.
Ticket Cost: \$5

Each Ticket provides a **15%** savings pass that can be used all day with a **20%** coupon good on one item. **BOTH** discounts are valid on COSMETICS and FRAGRANCES.

The two charities that sell the most tickets will receive \$2,000 and \$1,500 respectively. Register for a \$2,000 shopping spree or a \$500 spa gift certificate.

Purchase Tickets: Auxiliary office
April 10 - Half hour before and after Mega Day
April 20 - Cafeteria 11:00 am-2:00 pm
May 2 - Cafeteria 11:00 am-2:00 pm

All proceeds benefit Overlook Hospital.

Gift Shop News

By Lisa Tulloch

Stunning New Gift Shop Planned for Lobby in 2006!

This year, the Overlook Lobby will be completely renovated, and with these renovations will come a stunning new Gift Shop! A talented team of retail space designers, involved Shop leaders, and dedicated volunteers have been working together throughout this planning process to ensure that the new Shop will reflect the warmth and spirit of service that the Auxiliary represents within the Overlook Community. To be located in the central lobby, the new Shop will continue to offer the same quality merchandise at fair prices and exceptional customer service that you have come to expect, just in a fabulous new environment! And you, our loyal patrons, will appreciate our new look, with fresh displays and new products, and cheery floral arrangements from the attached Flower Shop. With your continued support, the Gift Shop will remain a major fundraiser for the Auxiliary, and a true retail resource for the entire Overlook community!

The Centennial Collection Debuts at the Spring Luncheon!

Join in the celebration as Overlook Hospital marks a Century of Caring! The Auxiliary Gift Shop is honoring this achievement with The Centennial Collection, a beautiful selection of items celebrating the spirit of Overlook during this very special year. The Centennial Collection will be available online and in the Gift Shop in late April, and at the Spring Luncheon on May 11th. Throughout this Centennial year, The Collection will be on display and available for immediate purchase both in the Shop and online, and for your convenience, may be picked up in the Gift Shop or delivered to your local home. As always, all proceeds from The Centennial Collection and the Gift Shop directly benefit patient services at Overlook Hospital. With your loyal support of The Centennial Collection and Auxiliary Gift Shop, your purchases will help ensure the next Century of Caring at Overlook Hospital! Shown below are the featured Centennial gift items from the Gift Shop.



Enter the "Name the New Gift Shop" Contest!

Join in the excitement surrounding the Lobby renovations by suggesting a new name for the brand new Auxiliary Gift Shop! The Winner will receive a \$100 Gift certificate to the new Shop, and the glory of naming such a unique resource that contributes all proceeds to Overlook! See the entry form on the following page, or visit the Gift Shop or www.ohaux.org to enter.



Overlook Hospital Gift Shop

Gift Shop (908) 522 – 2133 Flower Shop (908) 522 - 2117
All proceeds benefit patient services at Overlook Hospital.

AUXILIARY *Name the New Gift Shop* *Contest Entry Form*

Join in the excitement surrounding the Lobby renovations by suggesting a new name for the brand new Auxiliary Gift Shop! The Winner will receive a \$100 Gift Certificate to the new Shop, and the glory of naming such a unique resource that contributes all proceeds to Overlook! The Auxiliary Board will choose the winning name, and the Winner will be contacted to claim the Gift Certificate. *If more than one entrant suggests the same name, the first entry received will be accepted into the contest, and the subsequent identical suggestions not accepted.

Date of Entry: _____

Your Name: _____

Your Contact Information: _____

This information will be used to notify the winner, and will not be shared or used in any other way. The Gift Shop will contact the winner only through the above provided contact information. The Auxiliary will attempt to contact the winner for 60 days, and should no contact be made during that time, the winner will forfeit the GC.

Your Suggestion(s) for New Shop Name: _____

To participate, submit your suggestions by completing this Entry Form, available at the Auxiliary Business Office, the Gift Shop or on-line at <http://www.ohaux.org/documents/GiftShopContest.pdf>

Completed paper entry forms may be:

- Faxed to the Auxiliary Business Office at 908- 522- 5960
- Mailed to the Gift Shop at 99 Beauvoir Avenue, Summit, NJ 07901
- Delivered in person to the Shop

Or

- Submit suggestions on-line at <http://www.ohaux.org/On-lineGiftShopContest.php>

The \$100 GC can be used to purchase any regular priced gift, toy, layette or jewelry items, and cannot be used on sale items or in conjunction with any sales or promotions. The \$100 GC is non-transferable, cannot be redeemed for any cash value, and is valid for one year from the date of signed receipt by winner.

Thanks for your support, and see you in the Gift Shop!



Join the Team!

The Gift Shop is looking for a few friendly faces to staff the Shop. If you enjoy retail, and have a few hours to commit, a warm smile, and a desire to serve the Overlook community, call Shop Manager Carolyn Penwell at 522-2122 to learn more.

Do you want to use your marketing skills in a rewarding volunteer position that benefits the entire Overlook community? The Gift Shop is looking for a spirited individual to promote the Gift Shop throughout Overlook, the Auxiliary, and the surrounding communities. If you are interested, please call Liza Tulloch at the Gift Shop for more information on the Marketing Manager position.

Calendar of Events

Mon – May 08	Meeting of Auxiliary Board	9:30 AM-11:30 AM Conference Room #2
Tue – May 09	Lord & Taylor Shopping Day	Charity Shopping Day- valuable discounts!
Thu – May 11	Spring Luncheon	10:00 AM-2:00PM Brooklake Country Club, Florham Park
Sat – May 13	SU Twig 19 Sponsors Super Garage Sale To benefit Overlook Hospital	9:00 AM-2:00PM 309 Springfield Ave., Summit Rain or Shine- CASH ONLY
Mon – May 15	Organ & Tissue Donor Awareness Committee Mtg.	10:00 AM Organ & Tissue Donor Awareness Committee Mtg and luncheon at the Sharing Network.
May 31	Deadline for May- June Pulse	Last Issue before the Summer! Next Issue in Sept/Oct 2006
Sat – Jun 03 to Sun- Jun 04	American Cancer Society	"Relay for Life"
Mon – Jun 12	Meeting of Auxiliary Board	9:30 AM-11:30 AM Conference Room #2

Volunteer Opportunities

Flower Shop Floral Designers Wanted!



Do you love working with fresh flowers, or are you willing to learn? The volunteer staffed Flower Shop is looking for floral designers or ladies willing to learn and support the existing volunteer staff in the creation of their cheery arrangements. Call Shop Manager Carolyn Penwell to learn more.

Auxiliary Positions Available

The Auxiliary is also looking for volunteers to fill the following board positions.

- Vice President, Events (Board Position)
- Nominating Committee Chair
- Project Coordinator
- Public Relations (Board Position)

If you are interested in any of these open positions, please contact the business office at 908-522-2004.

Reminders: General Auxilian Dues

Several General Auxilians have not yet paid their dues. PLEASE, if you wish to remain a member of the OHA submit your \$15.00 dues to: **Marite' Robinson, 25 Greenbriar Drive, Summit NJ 07901** no later than June 30th, 2006. After this date, non- paying members will be removed from the membership roster.

Deadlines: May-June Pulse

Submissions due on May 31



BOARD BRIEFS

By Lee Radsch

Our guest speaker at the April 3rd Board meeting was the Overlook Centennial Co-Chairman Rick Lillo. He presented an update and discussed the several events that have both happened and are still being planned for this year-long celebration. He highlighted many activities which honor Overlook's very talented and diverse medical staff, activities surrounding the major lobby renovation which is currently well under way, community-based activities, and also several ways that the Auxiliary can be involved. He was very enthusiastic about the following events which he felt would be of particular interest to all Auxilians:

- The Centennial Brick Campaign is selling personalized bricks for the Centennial Garden. This is an opportunity for our Twigs, individual members and other groups within the Auxiliary to have a permanent marker honoring their service to the hospital.
- The Overlook Family Day, which will be held on September 17 in a roped off area of Union Place in downtown Summit, will have a prominent Auxiliary area along with many other fun and interesting activities for your whole family to enjoy. Mr. Lillo stressed that this day will require a large volunteer presence in order to be successful. If you would like to volunteer, please call the Business Office.
- The Overlook Hospital Centennial Gala will be held in the tented roof-top area of our hospital's very own parking garage. With views of Manhattan and a starlit October 14th evening, there isn't a better place to end the year long celebration than where it all began 100 years ago!

After Mr. Lillo's presentation, Liza Tulloch, the Gift Shop Trustee, updated us on the many competitively priced and exclusive items that will be available through the Gift Shop to commemorate the Overlook Centennial. She encouraged everyone to stop by and check out this unique collection of jewelry, totes, caps, and inspirational statuary.

Letter From the Editor

Laura Brown



It's Volunteer Month!

As Rachel noted in her President's letter, April is recognized nationally as Volunteer Month and many local and national charities host events to honor their volunteers. I attended one such luncheon this month hosted by a well known charity and received a copy of the book "The Heart of a Volunteer". As soon as I flipped through this book, I knew it was something I would share with others. The book is a compilation of memorable quotes compiled by Dan Zandra from a variety of sources including philosophers, poets, presidents, politicians, humanitarians and everyday people like you and me. This little book of quotes was right on the money when it comes to describing the power of volunteerism. So next time you're pondering whether you might volunteer yourself for another cause, maybe you'll remember that in the end, every little bit of time we spend to help another really does make a difference.

The following quotes are excerpts from the book I thought you would enjoy.

"There is nothing stronger than the heart of a volunteer. With it beats the spirit of service, generosity and compassion and the health and well-being of our community, our country and our world." – Kobi Yamada

"In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it." – Marianne Williamson

"Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud." – Helen Dyer

"If you don't like what you're getting back in life, take a look at what you're putting out." – Pamela Dreyer

There are a few more memorable quotes along with some additional pictures of our fellow Auxilians I thought you would appreciate on page 11. Keep sending those articles and PICTURES! The next deadline is May 31st for the May/June Issue of the Pulse.

Thanks again for all of your submissions.

It's Volunteer Month....

"Some people give time, some money, some their skills and connections, some literally their life's blood- but everyone has something to give." – Barbara Bush



Jen Feltes, with Summit Twig # 2 working on Luminary fundraiser in December,, 2005



From left to right, Summit Twig #2 members Betsy Philips and Susie Hoecker with daughter Anna distributing Luminaries in 2005

"The country clubs, the cars, the boats, your assets may be ample, but the best inheritance you can leave your kids is to be a good example." – unknown

"Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud." – Helen Dyer



From left to right: Summit Twig #2 members Marite 'Robinson, Cindy Davis and Winnie Cavazini working on luminaries in 2005.

Overlook Hospital Auxiliary
P.O. Box 220
Summit, NJ 07901

Address Service Requested 1

*Remember to Visit the Overlook
Hospital auxiliary website at
www.ohaux.org*

*Submitting Articles, Pictures and
Other Communications:*

Contact Carol Aronson at
craronson@comcast.net to submit all
articles, pictures and upcoming events. All
information will be shared with the
appropriate individuals.

Individuals without access to email may
contact the Business Manager, Madonna
Lee at 908-522-2004. Information may
also be dropped off or mailed directly to the
business office at:

*Overlook Hospital Auxiliary
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