

### 2006-2007 Auxiliary Board Meeting Dates

December 11, 2006	9:30 am	5th Floor Conference Room 2
January 8, 2007	9:30 am	5th Floor Conference Room 2
February 12, 2007	9:30 am	5th Floor Conference Room 2
March 12, 2007	9:30 am	5th Floor Conference Room 2
April 16, 2007	9:30 am	5th Floor Conference Room 2
May 14, 2007	9:30 am	5th Floor Conference Room 2
June 11, 2007	9:30 am	5th Floor Conference Room 2

Please remember that the Board, the Business Manager, the rest of the Auxiliary and Volunteer Services are here as an additional resource. If we can help in any way, we will!

The PULSE is published by the Overlook Hospital Auxiliary, Summit, NJ 07901

Rachel Weinberger, President	rachelweinberger@msn.com	908-522-2198
Marianna Hurrell, Editor	mhurrell5@comcast.net	908-277-1517
Madonna Lee, Business Manager	madonna.lee@atlantichealth.org	908-522-2004
Carol Aronson, Webmaster	ctaronson@comcast.net	908-273-7291

For more information about the Auxiliary please visit us at [www.ohaux.org](http://www.ohaux.org)

Overlook Hospital Auxiliary  
99 Beauvoir Avenue  
Summit, NJ 07901

# PULSE



Volume 26, Number 2

November - December 2006

## Contributions From One Gifted Volunteer

*The ultimate expression of generosity is not in giving of what you have, but in giving of who you are.*

—Johnetta B.Cole

Volunteerism can be described as willing-hearted; that, by one's own choice, he or she offers to comply. Synonyms include: gratuitous, eager, cooperative, unreluctant and optional. Volunteerism can be achieved through a myriad of avenues and is fulfilled through many roles. Those involved rarely notice how hard they work, as volunteerism is indicative of self-determination. Here at Overlook, there is a need for everything from assisting patients to greeting visitors to raising funds and all points in between. One volunteer who has found a way to contribute to the success of the hospital's Gift Shop is Liza Tulloch, the Auxiliary Gift Shop Chairperson. She is animated when discussing the evolution the gift shop has taken and the promise it holds in the future as a service-oriented facility as well as the retail shop that exists today.

Liza is, as are many fellow volunteers, a busy wife and mother. In addition to her current endeavors, her background includes a BA Degree from Fairfield University. Upon graduation, she worked for several years as a linen wholesaler. She came to Summit in 1998 and soon began a small linen retail business from her home. With extensive prior experience in the wholesale and retail industries, she was poised to take on the Auxiliary position in 2001 when nominated. Her wealth of experience has proved a great asset to her success in the management of the Gift Shop, which includes the floral shop, newly named "Bloom" and gift cart. Liza is quick to point out that she does not accomplish her many tasks alone. In addition to volunteers, the Shop also enlists a talented paid manager and assistant manager whose contributions are necessary to the Gift Shop's popularity. Without them, Liza explains, her role as volunteer would be much more difficult.

Liza's unique qualities of enthusiasm and selflessness are evident when asked about her work. "It is very rewarding when someone visits a loved one and we can share with them a warm environment," offers Liza. She is visibly moved when discussing the important role the Gift Shop plays, whether supplying someone with a gift to welcome new life, celebrating a patient's recovery,

or offering a token to lift a patient's spirits. To Liza, the Gift Shop is one of the main *hearts* of Overlook, where warmth of spirit and compassion are ever-present.

Throughout her discussions regarding Overlook and her work there, Liza praises the efforts of the many volunteers who help to make the Gift Shop a success. She is reticent, however, to recognize her own invaluable contributions. The future looks bright for the retail and flower shops thanks to the tireless efforts of one young woman whose energy and hard work have put a smile on the many who pass through Overlook's doors. As volunteerism is concerned, the Auxiliary is grateful for her gifts, in more ways than one.

Note: Liza Tulloch currently lives in Summit with her husband Peter and their son Petey.





## A Letter From The President

Dear Auxiliaries:

As many of you know, Kathleen Beit served as president of the Auxiliary for one year, and spent an additional year as secretary. She is strongly committed to the Auxiliary and has dedicated enormous amounts of time to her two Board positions. Unfortunately, as Kathleen said, there's not enough time for everything and she recently resigned as Recording Secretary. The Board will truly miss Kathleen's focus, efficiency and her concise and accurate minutes. We wish her all the best in future endeavors—which happily includes continuing as an active Twig member! However, Kathleen's resignation leaves open the position of Recording Secretary. Responsibilities include taking the minutes at Board meetings, and attending monthly Executive Committee meetings. If you are interested, or know someone who fits the bill, please contact either Lee Radsch or me.

In addition, the position of Nominating Chair remains vacant. This is a critical position this year, as both the VP, Membership and the President come to the end of their terms in June 2007. Each of these Board positions present an excellent opportunity to make a valuable contribution to the Auxiliary, and more directly support the hospital.

Please join us this year as the Auxiliary, under the direction of SU Twig 21, once again hosts *Holidays at Overlook* on Wednesday, December 6<sup>th</sup> between 10 a.m. and 4 p.m. This event serves the dual purpose of celebrating the contributions of Overlook staff and all volunteers, as well as serving as an OPEN HOUSE to introduce everyone to the new and improved 8<sup>th</sup> floor Volunteer corridor! And more importantly, don't forget your cookie donation earlier that week (details are included in this issue of the Pulse). For more information, contact Mary Zimmerman or Pat Steadman, co-chairwomen of SU Twig 21. Their contact information is available in the "Member Login" section of our web site.

How do you like this issue of the Pulse?! This is the first issue that was produced entirely in-house at the Auxiliary. Thanks so much to Marianna Hurrell, our new editor, and to Madonna Lee, who is responsible for design and overseeing production. Trish Obregon and Kristin Houghton contributed on the Volunteer Services side. We are delighted with our new efficient process for the Pulse and look forward to upcoming issues. By the end of this year, we will publish submission and publication dates for the next three newsletters.

On behalf of the Overlook Hospital Auxiliary Board, best wishes for a healthy, happy holiday season and New Year. As many of us are fortunate enough to spend time with family and friends, please remember (as you always do) that the Hospital staff and patients often don't have the luxury of celebrating holidays in traditional ways. Please check the Wish List for much needed and appreciated items.

Please feel free to join us at Board meetings. We always love to hear what you and your Twig are doing...and it's not too soon to think about forming a Spring Luncheon Committee!

Rachel Weinberger  
[rachelweinberger@msn.com](mailto:rachelweinberger@msn.com)

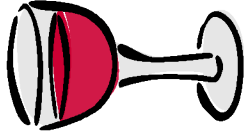


# Happy Holidays

## SU Twig #30

### Christmas Cocktail Party

Summit Twig #30 which is chaired by Honora McGowan, is busy this fall planning their annual **Christmas Cocktail Party**. The party serves as a fundraiser for the hospital and has been very successful in past years. At this couples' event, the Twig expects between 70 and 80 people to attend, quite a few of whom are members of the Auxiliary. Sue Jackson of Summit (a member of SU Twig #30) and her husband, Dave, will be hosting the affair in their lovely home festively decorated for the holidays. This should be a very special and successful evening for partygoers.



## SH Twig #27

### Market Day

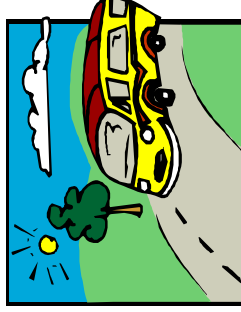
The holiday season is a hectic time of year. There never seems to be enough time to shop for all of those special gifts and still maintain our busy lifestyles and professional commitments. The employees and volunteers of Overlook Hospital are no strangers to this chaos. So, in an effort to ease the stress of the holidays for our employees and volunteers, Short Hills Twig #27, under the guidance of their Chairwoman, Elsa Russell, is busy planning a **Holiday Market Day** to be held in the Wallace Auditorium on **December 4<sup>th</sup>**. Sixteen vendors have been chosen to attend, and offerings will include: hand-painted gifts, stationary, antiques, clothing, jewelry, and children's books, to name a few. Vendors have been individually selected for his or her unique merchandise; at the same time, consideration has been given to the budgetary concerns we all share during the holidays. The Auxiliary looks forward to this becoming an annual event for the Overlook community and reminds everyone that a percentage of each sale will benefit the hospital. So, mark December 4<sup>th</sup> on your holiday shopping calendar and plan to attend the Overlook Hospital Auxiliary's Holiday Market Day. Doors are open from 7 a.m. to 4 p.m. This is one sale where early birds are welcome!



## NP Twig #2

### Trip to Winterthur Museum

NP Twig #2 is sponsoring a bus trip to the lovely Winterthur Museum and Estate in Delaware on Wednesday, December 6 to benefit Overlook Hospital. The bus will leave promptly at 8 a.m. from the New Providence Community Pool parking lot, 1378 Springfield Avenue, New Providence and return at approximately 6 p.m. Participants must be in the Pool parking lot by 7:45 a.m. The trip will include a Yuletide tour of the mansion (including about 20 rooms decorated for the holidays), a narrated tram ride through the grounds and gardens, all gallery exhibits (with a special exhibit entitled "Fashion in Film: Period Costumes for the Screen"), and a delicious lunch in a private dining section at Winterthur. The cost is \$90 all-inclusive. Anyone interested in attending please send your check payable to NP Twig #2 to Judy Campbell, 165 Division Ave., Summit, NJ 07901. The deadline for reservations is November 29, so make yours right away. This promises to be a very enjoyable day. If you have any questions, you may contact Judy Campbell at 908-464-0139 or at [judyjohnc@earthlink.net](mailto:judyjohnc@earthlink.net).



## SH Twig #27 Event

D & D Jewelry Sale  
 Wednesday, February 14, 2007  
 8 a.m. - 4 p.m. in Main Lobby

## SAVE THE DATE

## SH Twig #17 Event

Jones NY Coat & Sweater Sale  
 Tuesday, February 20, 2007  
 8 a.m. - 4 p.m. in Wallace Auditorium

## Twig Happenings

### SU Twig #21

The fall planning meeting of SU Twig #21 of the Overlook Hospital Auxiliary was held recently at the home of Hillary Hulten in Short Hills. This group of friends from Summit and Short Hills is just one of 26 Auxiliary groups that promote a compassionate and comforting environment at Overlook Hospital through volunteerism. These active Twigs make up about one half of the Auxiliary membership. SU Twig #21 has, for 25 years, designed and decorated Christmas trees for some of the public spaces at the hospital. They also host an Employee Appreciation Holiday reception in December. At this reception, SU Twig #21 coordinates with all Twigs to provide homemade goodies which are festively presented as a way of saying "Thank You". Many health care providers will spend their Holidays at the hospital caring for the community. All employees are encouraged to attend this gathering.

To celebrate 25 years of service to Overlook Hospital and its Auxiliary, SU Twig #21 is also planning a reunion celebration next spring. They hope to contact everyone who has ever been a member of the group for a celebratory evening at the home of Connie Dwyer in Short Hills.



Members of SU Twig #21 meet to make plans for the holidays. *(Front row)* Pat Steadman and Mary Zimmerman, *Co-Chairwomen*, Hillary Hulten, *Meeting Hostess (Back row)* Connie Dwyer, *Reunion Hostess*, Judy Gow, *Treasurer* and Holly Lentini, *Secretary*.

## Auxiliary Participates in Family Day Celebration

On September 17<sup>th</sup> the Auxiliary participated in the Overlook Hospital Family Day Centennial Celebration held in Downtown Summit's Union Square. Amid the live music of the "Lenox Underground" Band, and numerous treats—among them birthday cake and cotton candy cones—the Auxiliary's Gift Shop was a popular stop for all. Shoppers had the opportunity to purchase the many different items that make up the *Centennial Collection*. Hats off to Liza Tulloch, our Gift Shop Trustee, who assembled a diverse and creative assortment of gifts celebrating the hospital's Centennial year.

The Auxiliary also oversaw the children's tee shirt painting area, expertly captained by Peggy Schreck, and her committee (SU Twig #21). The popular booth remained busy during the entire event. Budding Picassos vied for recognition as paint was joyously applied in many creative ways. Child-sized tee shirts were provided, free of charge, by the Auxiliary.



Both of the Auxiliary booths were popular spots to stop and enjoy the day. Families had the opportunity to view the inside of an ambulance, have their stuffed animals receive free medical check-ups, and better understand, in a non-threatening way, how important Overlook Hospital is to its entire service area. The Auxiliary gratefully thanks all of our membership who volunteered to be a part of this memorable day.

### Children proudly display their art at Family Day

## In Memoriam

SU Twig #1 lost an active member on October 12. **Eleanor Dodge** died at Atlantic Hospice at Case One in Morristown. A funeral Mass was celebrated on October 16 at St. Patrick's Church in Chatham. She lived in Chatham for the past 53 years.

Eleanor was a charter member of Overlook Hospital Auxiliary's SU Twig #1, Gift of Life. In addition to being a devoted Twig volunteer, she was director of nursing at Holly Manor in Mendham until she retired. She was affiliated with King James Nursing Home in Chatham and Temple University as an instructor in pediatric nursing. While Eleanor was a Board Member of the Gerontological Division of the New Jersey Nurses' Association, she also served as a consultant at Rutgers University School of Nursing and was affiliated with the County College of Morris in their Continuing Education Program.

Volunteerism was extremely important to Eleanor, and she participated in many community organizations. The time she gave to the Gift of Life Committee was very important and appreciated by all its members.

**Henry R. Liss, M.D.**, a renowned neurosurgeon, who in 1965 performed New Jersey's first stereotactic neurosurgery with his partner, Dr. George Zazanis, and served as senior vice president of medical affairs at Overlook Hospital in Summit for 10 years, has died. He was 81.

Dr. Liss died Sunday, October 29, at Bangkok Heart Hospital in Thailand, where he had traveled to undergo an innovative stem cell procedure to treat a chronic heart condition. Upon his arrival physicians at Bangkok Heart Hospital did not think Dr. Liss well enough to undergo the procedure. The neurosurgeon succumbed to subsequent complications. He and his wife, Amy, lived in Summit, NJ.

## Holiday Employee Open House

**The Holidays are coming!** Your Twig's participation is requested for the Annual Holiday Employee Open House to be held on Wednesday, December 6. This year the annual party will also serve as an Open House to introduce employees to the 8th Floor Volunteer corridor, housing the new and improved Auxiliary Offices.

Remember to deliver your wrapped goodies in disposable containers to the 8th Floor Auxiliary Business Office on

**December 4th or 5th between 9:30 a.m. and 3:00 p.m.**

The Auxiliary thanks SU Twig #21 for its continued support of this very special event.

## Volunteer Services Opportunities

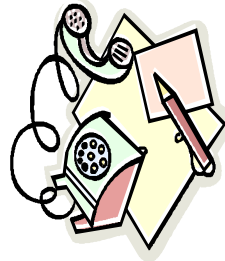
The **Messenger Room** needs some additional help! Our duties include: running errands, delivering patient mail/flowers, miscellaneous mailing projects, and sorting. Doctor's mail! We are in need of volunteers, especially on Monday and Tuesday afternoons. If any adult volunteers are interested in Saturday mornings from 8 a.m. - 12 Noon, we would be thrilled to have you! Adult supervision is required for the Messenger Room to be open for service. Messenger Room are Monday through Friday from 8 a.m. - 4:30 p.m.

- The **Valerie Center** is in need of clerical and filing help on Tuesdays between 9 a.m. and 3 p.m.
- Tumor Registry** is in need of data entry help any afternoon during the week.
- The **Foundation** needs clerical and mailing help any day from 9 a.m. - 4 p.m.
- The **Information Desk** has 4:30 - 8 p.m. openings Tuesdays through Thursdays. If you like Customer Service, this is the job for you. We provide on the job training for computer, phones, and directional information.
- Central Access** has openings for the front desk any afternoon or Tuesday and Friday mornings. You will be trained to register patients, assist the front reception desk and compile informational packets.
- Human Resources** requires assistance any day except Tuesday for light clerical, phones and errand help.
- Endoscopy** needs volunteers for discharging and helping to make up stretchers.

**If any of these positions are of interest to you, please contact Trish at extension 2099 or Kristen at extension 2702.**

## Messenger Room Happenings

We are almost certain you have noticed how hard the volunteers in the Messenger Room work. Often they arrive for duty and are on the go for the entire shift! A lot of thinking has gone into facilitating a more enjoyable volunteer experience for everyone involved, so we have decided to try something new! Beginning October 23, the Messenger Room will be open Monday through Friday, from 8:30 a.m. until Noon and from 12:30 p.m. until 4:30 p.m. The Room will be closed for one half hour from Noon until 12:30 p.m. every day. This will allow some downtime for the changing of shifts and will give the messengers time to eat lunch if they choose. The phone will not be staffed during this time. Please help us in instituting this new procedure!!



## Picture ID Schedule

All Volunteers are required to wear their badges while in the hospital. If you do not have a Picture ID, the schedule for pictures is as follows:

**Every other Monday:** 7:30 - 8:30 a.m. and 1 - 2 p.m.  
 October 30  
 November 13  
 November 27  
 December 11  
 December 26  
**Every Wednesday** 7:30 - 8:30 a.m. and 1 - 2 p.m.

**In order to have your picture taken, you must bring an application with you. They are available at the Volunteer Office.**

## Celebrate this Centennial Year with classic styles from The Centennial Collection!

The Circles OH Baby! Bag	(\$74)	NOW	\$48
The Circles Tote Bag	(\$54)	NOW	\$38
All Logo Hats	(\$18)	NOW	\$12

Show your Centennial Spirit for this Auxiliary Centennial fundraiser! All Centennial Collection and Gift Shop proceeds benefit patient services!



## Flower Shop

### Choose the Flower Shop for your Holiday Floral Arrangements and Special Events!

Every stunning arrangement in the Gift Shop is created with only the freshest flowers by one of the talented volunteer florists in the Flower Shop. From traditional to contemporary, from simple to extravagant, let the creative ladies in the Flower Shop customize a special piece to suit your needs beautifully! With all proceeds benefiting patient services at Overlook, your patronage makes a difference! Call the Gift Shop at 908-522-2133 to place your order today!

## New Gift Shop

### Stunning New Gift Shop Is Planned for Lobby in 2006!

This year, the Overlook Lobby will be completely renovated, and with these renovations will come a stunning new Gift Shop! A talented team of retail space designers, involved Shop leaders, and dedicated volunteers have been working together throughout this planning process to ensure that the new Shop will reflect the warmth and spirit of service that the Auxiliary represents within the Overlook Community. To be located in the central lobby, the new Shop will continue to offer the same quality merchandise at fair prices and exceptional customer service that you have come to expect, just in a fabulous new environment! And you, our loyal patrons, will appreciate our new look, with fresh displays and new products, and cheery floral arrangements from the attached Flower Shop. With your continued support, the Gift Shop will remain a major fundraiser for the Auxiliary, and a true retail resource for the entire Overlook community!

**Happy  
Thanksgiving**

