

## 2009-2010 AUXILIARY BOARD MEETING DATES

November 9	9:30 am	Conference Room #4
January 11, 2010	9:30 am	Conference Room #4
March 8	9:30 am	Conference Room #3
May 10	9:30 am	Conference Room #4
June 14	9:30 am	Conference Room #3

The PULSE is published quarterly by the Overlook Hospital Auxiliary, Summit, NJ 07901

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For more information about the Auxiliary please visit us at [www.ohaux.org](http://www.ohaux.org)

Winter Pulse DEADLINE: December 7, 2009

Spring Pulse DEADLINE: March 8, 2010

Summer Pulse DEADLINE: June 14, 2010

Overlook Hospital Auxiliary  
99 Beauvoir Avenue  
Summit, NJ 07901



# PULSE

Volume 38, Number 14

Fall 2009

## THE HOLIDAY "TOY CLOSET"

Ivan Scheier wrote "*The broadest and maybe the most meaningful definition of volunteering: Doing more than you have to because you want to in a cause you consider good.*" Chatham Twig #5, lovingly presided over by Chairwoman Paige McInerney, and her Twig fit well into Mr. Scheier's description of a volunteer.

Paige started Chatham Twig #5 in 2008 with a group of friends. Their goal was to fund raise solely for children who are patients at the Valerie Center and their families. Many of these families are in difficult financial situations. They have a child fighting cancer and many are also struggling to afford the basic necessities like food, shelter and clothing.

Knowing these are financially tough times for everyone, Paige and her Twig want to share with you **two ideas on FREE & SIMPLE** ways to help and give back.

- 1) Many of our children are celebrating their birthdays with parties...what better way to start teaching them about giving than to ask the children to donate one or two of their gifts to children fighting cancer. Children at the Valerie Centers endure painful treatments every day and as Paige has told her 4 year old, "kids who get sick a lot and go to the doctor a lot - need help smiling." The toys collected are then placed in a "Toy Closet" and when the children come for treatment, they get to choose a toy from the closet. This closet NEEDS TO STAY FULL! Most families coming to the Valerie Centers for treatment cannot afford to purchase gifts for their children and your extra birthday gifts will help!
- 2) The Valerie Center Holiday Party for patients and their families is Sunday, December 6<sup>th</sup> in Morristown at the Hyatt Hotel from 12 Noon to 4:00 p.m. This year, four hundred patients, their families and staff who care for them will be treated to a fun-filled afternoon. If you are looking to do some **hands-on volunteer work, without a big time commitment and NO meetings**, Paige would like to hear from you. The week prior to the party, there are two days where help is needed sorting gifts and stuffing gift bags. The shifts are three hours, but you can do more or less to fit your schedule. Volunteers are also needed the day of the party. This event is very special to EVERYONE and your hands-on volunteering with these families will help to make their holiday celebration special.

Please share with your friends and family the two ways mentioned to give back simply and meaningfully. You can donate a gift for one child or the whole family—whatever you can do, it will help. For those of you who would like to do more, you have the opportunity to adopt-a-family for the holidays. If you would like to help this holiday season, please contact Paige McInerney (973-635-3961, cell 908-377-4576). Happy Holidays!♥

## A LETTER FROM THE PRESIDENTS

Dear Auxiliary Members,

Welcome to the start of a beautiful fall. We are very excited for the many projects and fundraisers that some of the Twigs are already working on. We can't say Thank You enough for all your hard work and dedication.

The Nominating Committee has been working on filling the 2010-2012 Slate. If you are interested in serving on the Board, it is still not too late to nominate yourself for a position. The Auxiliary Board is a wonderful way to meet new friends and make a difference in the community. We have reduced the meetings to make it easier for people to commit. Please contact us if you have any questions.

We hope that everyone is not only reading the Pulse for updated information but also visiting the Website. Both tools are very informative of what the Auxiliary and Twigs are doing. Twig Chairwomen or a representative are encouraged to join us for the November 9<sup>th</sup> meeting at 9:30 a.m. in Conference Room #4. Packets will be handed out which contain important information for your Twigs. This is also a great opportunity to hear first hand what other Twigs will be doing this year.

Please call us with any questions and enjoy this beautiful weather.

Thank you,

Terry  
terryr655@msn.com

Amanda  
fordclan@verizon.net

Happy Fall



### Volunteer Help Needed

The Auxiliary needs a volunteer to help with Quick Books. If you are very familiar with the program and can offer 2-3 hours per week for a long term commitment, please contact Amanda Ford ([fordclan@verizon.net](mailto:fordclan@verizon.net)) or Terry Andrews ([terryr655@msm.com](mailto:terryr655@msm.com)). Most work can be done from your home computer.

### 2010-2012 Overlook Hospital Auxiliary Board Nomination Form

\_\_\_\_\_  
Name of Nominee

\_\_\_\_\_  
Contact Number

\_\_\_\_\_  
Board Position

\_\_\_\_ We encourage self-submissions, please check here if you are self-submitting.

Please complete and return to: Overlook Hospital Auxiliary, 99 Beauvoir Avenue, Summit, NJ 07901

## TWIG HAPPENINGS

SU Twig #21

**Holiday Employee Open House**  
**Friday, December 11, 2009**  
**10 a.m. - 4:00 p.m.**



The Holidays are coming! Your Twig's participation is greatly needed for the annual **HOLIDAY OPEN HOUSE** on **FRIDAY, DECEMBER 11<sup>th</sup>**. The festivities will be held in Wallace Auditorium. This annual party is hosted by the Overlook Auxiliary to honor and thank all of our Overlook employees, staff and volunteers.

Each Twig is asked to participate in this annual celebration by providing **A MINIMUM OF SIX DOZEN HOME-MADE COOKIES/BARS/TREATS.**

Please package your goodies in disposable containers, label with your Twig town and number and deliver to the 8<sup>th</sup> Floor Auxiliary President's Office on **THURSDAY, December 10<sup>th</sup>**, between **9:30 a.m. and 3:30 p.m.** We also welcome baked goods from all General Auxilians. Members of SU Twig #21 host this event for the Auxiliary and arrange the festive serving platters on the day of the party.

It is your **HOME-MADE** treats which the staff and employees anticipate and enjoy so much. **THANK YOU** to all Twigs and Auxilians who have made it possible to continue this holiday tradition at Overlook. Please plan to stop by for some **HOLIDAY CHEER** on **December 11<sup>th</sup>** between 10:00 a.m. and 4:00 p.m.

SU Twig #30



Summit Twig # 30 will hold it's annual fundraising Christmas Cocktail Party on Friday, December 11 at the home of Twig member Sue Jackson and her husband Dave. This is a happy tradition for the Twig as they kick off the Holidays and fundraise for Overlook Hospital.

## TWIG HAPPENINGS

### SU Twig #1



The **Donate Life** Committee continues its key educational goal creating community awareness of the need for donors to give others a second chance of life.

Once again, with support of the Overlook Hospital Auxiliary, we had the opportunity to display our **Donate Life** banner on the Morris Avenue fence. Through the efforts of Ruth Rosensweig and Lenore Ford, we will be displaying the banner on Springfield Avenue in Summit from October 12<sup>th</sup> through October 30<sup>th</sup>.

August 31<sup>st</sup> through September 30<sup>th</sup>, a New Jersey Sharing Network "Memorial Quilt" was on display at the Summit Library - a repeat displaying of the "Quilt" will occur in April, 2010.

Following the July 4<sup>th</sup> Parade, committee members were summer representatives at Farmers' Markets in Chatham, Millburn, New Providence and Summit. On October 11<sup>th</sup>, the committee members will participate in the Summit Street Fair.

National Donor Sabbath weekend will be observed from November 6<sup>th</sup> through November 8<sup>th</sup>. During these 3 days, members of the clergy will be talking to their

congregations about the critical need for Organ and Tissue Donors. These donations are vital as there are over 100,000 people in the United States, including 4,500 in New Jersey, who await Organ and Tissue transplants. Most religions within the United States either fully support donations or support the individual choices of their members.

SU Twig #1 members will be more than willing to answer your questions. For further information, please contact Lenore Ford at 973-984-2174 or Madonna Lee, Auxiliary Business Manager, at 908-522-2004.



### SU Twig #5



On a glorious Sunday in October, SU Twig #5 - Friends of Hospice, hosted a champagne brunch fundraiser aboard Cornucopia Cruise Lines. Over one hundred and forty guests enjoyed the two and a half hour cruise. Many relaxed on the decks sailing in the Rariton Bay while others danced to live music inside. Guests were treated to a delicious brunch buffet, complimentary champagne and sumptuous desserts. It was a great success and is expected to become an annual event.

## ATLANTIC NEUROSCIENCE INSTITUTE AND THE HELIPAD

While this is not the usual type of article found in the Pulse dealing with Twig and/or Auxiliary activities; it is a situation that is important to all of us who utilize Overlook Hospital.

As we all know, Overlook Hospital is home to the Atlantic Neuroscience Institute. Overlook Hospital is also a designated "Comprehensive Stroke Center" and the leading provider of neurological care in the region.

Because of this expertise, Overlook is called upon to provide advanced care to stroke patients from surrounding communities. While most patients are transferred to Overlook by ground ambulance, those coming from greater distances arrive via a two-step process; first by air, then by ground. To do this more efficiently, Overlook plans to add a helipad on its roof.

For a person experiencing a stroke it is said, "Time lost is brain lost". It is estimated that the helipad will save an estimated 20 minutes from the current two-step process. This time can make the difference between life and death, but more importantly it can have a major impact on the quality of life and amount of recovery after the stroke. Currently, a patient requiring air transport from a surrounding community is flown by helicopter to either Connell Corporate Center in Berkeley Heights or to Morristown Municipal Airport and in an extreme emergency to Celgene Corporation and then by ambulance to Overlook.

Currently the hospital receives fewer than 10 stroke patients by helicopter each month. A stroke victim typically receives initial, acute care at the nearest hospital. If it is determined the patient can benefit from advanced treatment then a request is made for a transfer to Overlook.

Naturally there are questions surrounding the helipad. One of the most frequently asked, concerns the noise level and its impact on the neighborhood environment. The helicopter, an EC-135 Eurocopter, is known for its safety record and low-decibel twin engines. It is one of the quietest in operation and will probably not be noticed by pedestrians given the helipad's rooftop location.

An ambulance helicopter does not hover, but travels directly from one place to another, landing as quickly and safely as possible. Overlook's helicopter, Atlantic Air One, will be the primary helicopter used to bring patients to the hospital.

Overlook will not become a trauma center nor according to real estate agents decrease property values. The State regulates the number and location of trauma centers and our area is already well served by the trauma center at Morristown Memorial Hospital and the University of Medicine and Dentistry of New Jersey.

As for property values, the helipad will have a positive impact on the community in that instead of landing on the ground in the Summit area, the helicopter will land on the roof resulting in less noise and visual presence. Also the number of antennas will be reduced to 83 from 137 improving the appearance of the roof.

Another concern is additional helicopter flights aside from those stated above (less than 10 stroke patients per month). There will be an estimated increase of 5 to 9 flights per month. Other patients being air transported to Overlook arrive via a similar two-step process and the community will benefit from eliminating the need of ground transportation from landing to Overlook.

Overlook has the best neurological diagnostic/treatment center in the region. The hospital has created a stroke team with physicians, nurses and other staff that functions like a stroke special response unit. Along with advanced diagnostics and treatment, it has a dedicated nursing team with specialized neuroscience training.

Plans for the helipad are currently under review with construction beginning early next year. Work will be done during regular business hours and given the size of this project it is not anticipated to have an impact on traffic flow. The helipad is a plus for both Overlook Hospital and the surrounding communities.

More information on this subject can be found live on atlantichealth.org. Enter the term "neuro critical care" in the search box on any page of the site.

## VOLUNTEER SERVICES

## VOLUNTEER OPENINGS

**Volunteer Services** still desires to extend Saturday hours in the Messenger Room. If any ADULT is interested in volunteering on any Saturday during the hours of 9 am - 1 pm, please contact Sandi Goerner at 908 522-2099. The Messenger Room needs volunteers who can assist, especially all day Tuesday and Monday and Friday mornings.

**BLOOM** would appreciate assistance most days for the following tasks:

\*Receiving customer phone orders \*Cleaning/preparing fresh flowers \*Filling orders and stocking refrigerated case  
\*Washing buckets, vases and general cleanup \*Stocking shelves with dry goods \*Assisting customers in Showroom

**BREAST CENTER** seeks help anytime Monday thru Friday. Tasks include wheeling patients to Main Hospital and greeting patients who have changed into gowns with their expected "wait time".

**C-STORE** - Overlook's new store needs an assistant for operations beginning in July, any day Monday - Friday between 2:00 pm - 5:00 pm

**EMERGENCY ROOM** seeks help all day, any day of the week.

**ENDOSCOPY** needs help with discharges and preparing stretchers.

**FOOD SERVICES** would appreciate volunteers to do clerical work any weekday morning.

**GIFT SHOP** is in need of help at the register for flexible days or as a substitute.

**INFORMATION DESK** has the following openings:

**Saturday and Sunday** 12:30 - 8:00 pm

Substitutes for all shifts

*If you enjoy Customer Service, this is the job for you! We provide on-the-job training for the computer, phones, and directional information.*

**INTEGRATIVE MEDICINE** seeks to train volunteers in integrative medicine, such as massage therapy.

**LOBBY** is seeking a Greeter Assistant for transporting patients to various departments. Hours are open.

**MESSENGER ROOM** needs assistance with errands throughout the hospital as well as discharging patients. Requires some computer skills and good communication skills.

**Weekends** 9:00 am - 1:00 pm

**Weekday Evenings** 4:30 - 8:00 pm

**MEDICAL STAFF OFFICE** is in need of clerical and filing assistance, any day between 9:00 am - 4:30 pm

**PAIN MANAGEMENT/WOUND CARE** would appreciate several volunteers for patient transportation, confirming appointments, filing, collating packets, faxing and making copies.

**PATIENT ACCESS** would like a volunteer to assist their staff with clerical work and chart preparation, any morning Monday - Friday.

**PEDIATRICS** needs volunteers for the playroom weekend mornings or afternoons.

**SHIPPING AND RECEIVING** would appreciate an assistant to help with the needs of the department anytime during operating hours 8:00 am - 3:00 pm Requires some lifting.

Feel free to call us if you are interested in volunteering in a department not currently on this list. We receive new requests from departments daily. Contact Sandi (908-522-2099) or Kristen (908-522-2720) to volunteer!

## VOLUNTEER SERVICES

## BEDSIDE CARE – DELIRIUM PROJECT



If you want to make a difference in someone's life, please consider joining our bedside companion team. You will experience the joy of serving others while changing lives, including your own.

There are times patients require some extra help when staying in the hospital. Sometimes they become confused due to a medical issue or because of an unfamiliar environment. Yes, the medical staff can help - but so can you. If you are caring, compassionate, patient and respectful of older adults, this volunteer experience may be right for you.

You will have the unique role of helping patients with tasks such as craft projects and ordering their meals - but most importantly you will be there to talk with them. Often

people overlook the importance of having someone there to listen and for reassurance when family isn't available. The bedside companion will do that and more. All that is required of you is a commitment of either a 2-hour shift or a 4-hour shift, any day Monday through Sunday on a regular basis. The training you will receive by our staff will give you all the information necessary for you to perform your volunteer service with confidence.

There is much excitement at Overlook about this bedside program and the hope is that you will share in our enthusiasm. Staff will always be available if any questions arise about the patient with whom you are engaging. The goal is to get support from volunteers like you to assist our patients as they heal.

To become a part of our team, please contact Sandi Goerner in the Volunteer Office at 908-522-2099.

## TWIG HAPPENINGS

**SU Twig #21**  
**Christian Holidays**  
**Decorating at Overlook**

**Thursday, December 3**  
8:30 am – Noon  
Auxiliary President's Office

**2009 Holiday Boutique**

**Wednesday, December 9**  
9:00 am – 5:00 pm  
Wallace Auditorium

Sponsored by SH Twig #27

**David Shapiro Jewelry**  
**Valentine Sale**

**Friday, February 5**  
10:00 am – 5:00 pm  
Wallace Auditorium

Sponsored by SH Twig #17