

2011 AUXILIARY BOARD OF TRUSTEES MEETING DATES

	March 14	9:30 am	Conference Room #2
	May 9	9:30 am	Conference Room #2
	June 13	9:30 am	Conference Room #3
	September 12	9:30 am	Conference Room #4
Mandatory Twig Representation	November 14	9:30 am	Conference Room #2

The *PULSE* is published quarterly by the Overlook Hospital Auxiliary, Summit, NJ 07901

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For more information about the Auxiliary please visit us at www.ohaux.org

Spring Pulse DEADLINE: March 14, 2011

Summer Pulse DEADLINE: June 13

Fall Pulse DEADLINE: September 12

Winter Pulse DEADLINE: November 14

Overlook Hospital Auxiliary
99 Beauvoir Avenue
Summit, NJ 07901



PULSE

Volume 3

Winter 2010-2011



OUR TWIGS

2010 - CHALLENGES MET

SU#4	\$2,700	1,400 1,300	Maternity sleeper chair Pediatric Playroom arts & crafts
SU #2	\$6,000	2,000 2,000 2,000	Community Health women's health programs Hospice/Homecare Social Services prescription drugs
SU #48	\$566	566	Caregivers Center
SU #30	\$3,000	3000	Pediatrics blanket warmer
CH #15	\$3,100	1,400 450 750 500	Medical/Surgical sleeper chair Palliative Care comfort baskets Social Services prescription drugs Volunteer Services transport wheelchair
SH #27	\$3,000	3000	Pediatrics blanket warmer
NP #7	\$101	101	Auxiliary General Fund
SU #11	\$750	750	Auxiliary General Fund
SU #22	\$900	900	Hospice/Homecare
SH #17	\$2,221	2,221	Hospice/Homecare
SU #5	\$21,190	21,190	Hospice Children's Bereavement Camp
SU #3	\$1,600	1,600	TBD
Art at Overlook	\$500	500	Adult Oncology Survivors Celebration

2011 - CHALLENGES AHEAD

Children's Bereavement Camp "Camp Clover"

Kitchen Tour

A LETTER FROM THE PRESIDENTS



Dear Auxiliary Members,

HAPPY NEW YEAR everyone. We hope you had a wonderful Holiday with family and friends. Time spent with them seems to go all too fast. With the “great” snowstorm behind us it is time to jump into action once again.

December was a busy month for the Auxiliary and it's Twigs: decorating the hospital for the holidays, holding a reception for staff and volunteers and providing a shopping day on premises with a Holiday Boutique. To get us into the Holiday spirit Anne St.Clair and Meredith Guida, your Events Co-Chairs arranged for a most delightful evening at the Beacon Hill Club with good food and drink and the chance to just relax and enjoy each other's company. If you could not make it this year plan on doing so next year as this will be an annual event.

As a Board, as Auxiliary Members and as Twigs now is the time for all of us to work together and help make the **October 20th** Kitchen Tour a huge success. With Anne and Meredith leading the way, we ask that you give them as much time as you can as they plan and reach out to us to volunteer in some capacity. The money raised at this event will help fund projects we feel are important to us.

Again, a Happy and Healthy New Year to you all!

Elsa

&

Peggy

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Holiday 2010 in the Gift Shop and Bloom was a great success. The Gift Shop was overflowing with incredible merchandise. There were stocking stuffers galore and dazzling faux jewel rings ranging from copies of antiques to today's Avant Garde designs..

Very popular were old fashioned snowflake globes, Nativity sets, Advent calendars and sparkling tree ornaments in various shapes. For newborns and baby girls there were Christmas outfits and beautiful headbands.

A special Hanukkah corner dazzled with translucent

dreidels, small Menorahs, Hanukkah bears and wooden puzzles.

Laura McDowell, Bloom's resident florist reported they received many orders from new customers this Holiday Season. Bloom imports flowers directly from Holland and mixes them with local seasonal flowers making for very affordable and spectacular arrangements.

Don't forget to visit us for Valentine's Day which is just around the corner. The Gift Shop and Bloom will be stocked with flowers, gifts and candy.

All proceeds benefit Patient Services

TWIG HAPPENINGS

SU Twig #1



This past October, Donate Life hosted a Symposium on organ and tissue donation in Wallace Auditorium. Many speakers shared their expertise or stories about organ donation.

One such speaker was Doug Sisk, a Retired Firefighter for the Bayonne Fire Department. He told his story of being one of 16 people in New Jersey who received kidney-pancreas transplants in 2009. Doug now helps to register as many donors as possible and states that he is the healthiest he has been in 25 years and is living proof that organ donation really works.

People are never too old to be donors. The Mayo Clinic Health Letter from January 2010 comments on the subject of age of potential organ donors. The deciding factors determining which organs may be donated are based on organ and medical condition and illnesses of potential donor.

There are more than 109,000 people in the United States awaiting life-saving transplants and over 4600 are residents of New Jersey. Any questions should be directed to Lenore Ford at 973-984-2174 or you may contact Auxiliary Coordinator Madonna Lee at 908-522-2004.



*Pictured L to R:
Jan Hines of the
New Jersey Sharing
Network and organ
recipient Doug Sisk.*

SU Twig #5

2010 was a very busy year for Summit Twig #5 hosting several fund raisers to bring the dream of a bereavement camp for children to fruition.

On October 3rd we hosted a Sunday Brunch Cruise. Lucky passengers set sail from Perth Amboy on the Cornucopia Cruise Line. Wonderful food, great music and camaraderie made for some fun sailing.

On December 9th we hosted “Lights of Love” which was held in Overlook Hospital's Wallace Auditorium. Symbolic lights were purchased and placed on the tree in memory of loved ones.

Summit Twig #5 will be sponsoring the children's bereavement camp this coming August. All proceeds raised by Twig events in 2010 will be donated to Atlantic Hospice to make the camp possible. The total donation will be approximately \$21,000.

SU Twig #21



On December 10th the Annual Auxiliary Open House was held in Wallace Auditorium, organized and hosted by Summit Twig #21. We want you to know your generosity touched the hearts of the many employees, staff and volunteers who came to the event for a break in their hectic day. They enjoyed the coffee, tea and punch, the bagels, cheese and crackers, tea sandwiches and fruit. The biggest attraction was certainly your home-baked goods.

Our thanks go to the countless Twig and Auxiliary

members who took time from busy holiday schedules to provide these treats. Your contributions were a tangible way of saying “thank you”.

Thank you again to everyone who contributed to this event. Special thanks to Auxiliary Coordinator Madonna Lee, whose assistance with scheduling, publicity and coordination makes it all possible. A huge thank you to Donna's Café and Stephanie Mills for their top-notch professional catering of our coffee and tea service.

TWIG HAPPENINGS

CH Twig #6

Fall of 2010 was a busy one for Chatham Twig #6. We held our first big event of the year on November 6th raising almost \$3000 and bringing Ridgewood's Gilbert & Sullivan's play "Patience" to Chatham High School. Twig members worked hard promoting the play and selling tickets to ensure success.

We feel fortunate to have been able to use part of the money raised to create a Family Weekend for a Valerie Center family whose child was too young for the Make-a-Wish Foundation. We sent the family into NYC for a two-night stay at the Ritz Carlton along with lots of entertainment for them including Central Park Zoo, the Museum of Natural History and the Big Apple Circus. The Ritz was also kind enough to provide the family with tickets to the Radio City Christmas Spectacular. Special thanks to members Melissa Sartorius and Melanie O'Hara for their efforts in organizing that memorable weekend.

Our Twig members volunteered time to help at the Valerie Center's Holiday Party on December 5th. Our resident photographer, Hilary Regan, and her elves Megan Jones, Melanie O'Hara and Lisa Businelli took pictures of each family with Santa and sent the pictures individually to each family. Three more elves, Melissa Sartorius, Linda Estey and Cindy Murphy bought and organized crafts for over 200 children that attended the party.

We also adopted 12 Valerie Center families that needed a hand this Christmas by providing the children in the families with gifts from their wish lists. We teamed up with the Presbyterian Church of Chatham Township who agreed to sponsor our cause with their Giving Tree. We can't thank everyone enough for their continued generosity. Wishing all of you a very Happy New Year!

NP Twig #2

On Monday, December 13, NP Twig #2 celebrated with their Annual Christmas Tea. The event took place at the home of Lenore Ford. During this joyous season members not only spend time together but remember those less fortunate. Christmas gifts for the children of the Health Start Clinic at Overlook Hospital are collected at this event. Each member brings at least one wrapped gift to be delivered to Health Start before Christmas for distribution.



Members pose for a group picture holding their Christmas gifts for the Health Start Clinic.

Front Row - L to R: Susan Reich, Judy Campbell and Lenore Ford.

Center Row - L to R: Nancy Smith, Sandy Olson, Jan Schryer, Gerri Sofman and Mimi Whelan.

Back Row - L to R: Karen Jenshoj, Sharon Meola, Nancy Kuhn, June Leatherbee, Ginny Rapp and Leslie Kreuzer.

Members missing from the photo are Joyce Farrell (who took the photo) and Sandy Mollica.

SH Twig #27

On December 7th SH Twig #27 again sponsored their Annual Holiday Boutique in Overlook Hospital's Wallace Auditorium. Thanks to the countless hours of hard work and dedication by our Twig members, the event was a resounding success. We had the support of customers ranging from the Overlook staff, Administration, volunteers and visitors to the hospital, all who stopped by to make a purchase or two.

Several new vendors were added this year much to the

delight of our customers. A few vendors came from distances as far away as Pennsylvania and South Jersey. They sold jewelry from many areas of Asia and ponchos and scarves from Ecuador. One vendor sold over 50 varieties of nuts, chocolates and brittles.

Many thanks go out to all of you for your continued support of this very popular fundraising event. Looking forward to seeing all of you again at this year's Holiday Boutique scheduled for Tuesday, November 29th!

AUXILIARY
SAVE THE DATES

JONES NEW YORK COAT SALE

Monday, January 24, 2011
8:00 am – 5:00 pm
Wallace Auditorium

Hosted by SH Twig #17

2011 SPRING LUNCHEON

Friday, May 13

Baltusrol Golf Club

Hosted by SU Twig #3

SPRING VENDOR SALE

Monday, May 16

Wallace Auditorium

Hosted by SH Twig #27

2011 KITCHEN TOUR
Thursday, October 20

ANNUAL HOLIDAY CHEER EVENT

On Friday evening, December 3rd the Auxiliary Board of Trustees hosted its first Holiday Cheer Event at the Beacon Hill Club in Summit. Posters were displayed throughout the Club representing our Twigs and their accomplishments. A good time was had by all. The evening kicked off what will be an annual event for Auxiliary members their spouses, significant others and friends to celebrate the season in a festive manner.

Sitting around the fire enjoying good food and drink there were discussions of gearing up for the Kitchen Tour scheduled for **October 20**. Please save the date! Home recommendations and people to help with the Kitchen Tour are now actively being sought. All kitchens must be recently renovated and the owners willing to show the first floor.

Please reach out to annestclair@optonline.net or call 917-560-6441 if you are interested in taking a more active role, if you know of a home or a local business that would like to sponsor us!

2011 Dues - \$25

Thank you if you have already paid your **2011 Membership Dues**.

The Auxiliary would like to thank the following members for the "extra" donation included with their dues:

Nancy Burrows	Carol Kanner	Leigh Rosoff
Alice Dillon	Peggy Heller	Elsa Russell
Tyler Farrand	Vesta McLean	Barbara Cox Sachs
Bobbie Gilmour	Maura Perier	Mary Sheehan
Mary Joan Herr	Dodi Peron	Kitty Simpson

Membership Dues paid **after January 31** are considered late and will be assessed a \$10 Late Fee.

VOLUNTEER SERVICES

VOLUNTEER OPENINGS



The **GIFT SHOP** is in need of Floating Shift Substitutes and assistance with Data Entry.

EMERGENCY DEPARTMENT seeks volunteer assistance every day...at all times.

ENDOSCOPY needs help with stretcher prep, discharges, and reception.

FOOD SERVICES requests help with stocking supplies and nourishments.

INFORMATION DESK seeks volunteers to welcome patients and visitors and assistance with directions, general information and telephone inquiries.

INTEGRATIVE MEDICINE seeks volunteers interested in being trained in integrative medicine techniques such as massage therapy.

LOBBY GREETER requests the assistance of a volunteer to provide wheelchair transport for patients and visitors as needed.

MESSENGER ROOM needs active volunteers to respond to requests for patient discharges, supply pick-up and deliveries, and various errands throughout the hospital. Good communication skills and some computer skills are required. Please wear comfortable shoes!

MEDICAL STAFF OFFICE requests clerical assistance weekdays from 9:00 am - 4:30 pm.

MUSICIANS are invited to share their skill and talent for the enjoyment of our patients, visitors and staff. Piano players are invited to play in the hospital lobby.

PAIN MANAGEMENT & WOUND CARE seek volunteers to assist with patient transport, confirmation of patient appointments, collating packets and various clerical tasks.

PATIENT ACCESS requests assistance with chart preparation and clerical tasks.

PEDIATRIC PLAYROOM seeks child-friendly volunteers on weekends!

PET THERAPY ESCORTS are requested to guide our St. Hubert's teams to various hospital departments. Wagging tails and many smiles are guaranteed on each visit. Times are varied.

TUMOR REGISTRY requests clerical and computer assistance.

VOLUNTEER SERVICES seeks support with clerical tasks.



Feel free to call us if you are interested in volunteering in a department not currently on this list. We receive new requests from departments daily. Contact Volunteer Services at 908-522-2099.

VOLUNTEER SERVICES

BEDSIDE COMPANION PROGRAM

If you are caring and compassionate with a fondness for older adults, this volunteer experience may be perfect for you! You can make a difference in someone's life by joining our bedside companion team. Experience the joy of serving others while changing lives, including your own. People often overlook the importance of having someone there to listen and talk to when family isn't available. The four-hour training session that you will receive from hospital staff will provide you with all of the information necessary to perform this volunteer role with confidence.

RENEW

The RENEW program has been tremendously popular with the Overlook staff. Auxiliary members have contributed greatly to the success of this program by baking home-made cookies that are delivered to staff as random acts of kindness on a regular basis! This delicious reward is genuinely appreciated by our hard-working staff. Whether you are able to bake once or many times per year, we are most grateful for your delicious treats!

The RENEW committee intermittently rewards our dedicated staff with hand massage. This is very popular but time-consuming to deliver on a regular basis. With your help we can offer this gesture of kindness more frequently. If you are willing to help us, we would be happy to train you in this simple technique and give you a complimentary hand massage in the process. Staff smiles will be your reward!



MUSIC THERAPY

We are looking for talented musicians who are interested in volunteering their time and talent to bring music to our patients and visitors. Music is very helpful in the healing process! If you have no musical talent ... feel free to tell us about those in your life... who do!

COMING SOON... THE THOMAS GLASSER CAREGIVERS CENTER

The Thomas Glasser Caregivers Center is currently in development to meet the unique needs of the family caregivers of our patients during their hospital admission. The Caregivers Center is expected to open at Overlook in late spring 2011. We are beginning the search for some very special individuals with the appropriate skills for this unique volunteer role.

If you are interested in learning more about these programs or any of our volunteer opportunities, please contact Sue Thomas at 908-522-2841.