

## 2007-2008 AUXILIARY BOARD MEETING DATES

|        |           |                             |
|--------|-----------|-----------------------------|
| May 12 | 9:30 a.m. | 5th Floor Conference Room 3 |
| June 9 | 9:30 a.m. | 5th Floor Conference Room 3 |

Please remember that the Board, the Business Manager, the rest of the Auxiliary and Volunteer Services are here as an additional resource. If we can help in any way, we will!

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|  |                               |              |
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For more information about the Auxiliary please visit us at [www.ohaux.org](http://www.ohaux.org)

Summer *Pulse* DEADLINE: June 9  
Fall *Pulse* DEADLINE: September 8  
Winter *Pulse* DEADLINE: November 10

Overlook Hospital Auxiliary  
99 Beauvoir Avenue  
Summit, NJ 07901



# PULSE

Volume 32, Number 8

Spring 2008

## AUXILIARY TAKES PART IN TWIN MAPLES CENTENNIAL SHOW HOUSE CELEBRATION



Those who live in Summit, as in many small towns around the country, are the recipients of a myriad of facilities including good schools and a variety of services. This contributes to a quality of life only a town of this size can offer. Summit's gracious tree-lined streets nurture Colonials and Victorians, giving way to a bustling downtown where merchants still place *Open* signs on their doors each morning. Architectural gems, both large and small, dot the landscape.

But, among the many grand homes of Summit—some well over a century old—Twin Maples is recognized for its beauty and grandeur. Listed on the New Jersey Register of Historic Places and the National Register of Historic Places, Twin Maples, built in 1908 by a prominent New York and Montclair architect, has been the home of The Fortnightly Club of Summit and the Summit Junior Fortnightly Club since 1947. Both organizations are recognized 501©3 charitable organizations and members of the New Jersey State Federation of Women's Clubs and the National General Federation of Women's Clubs and have a long and distinguished history of fundraising and charitable giving.

This October, the Overlook Hospital Auxiliary and The Fortnightly and Junior Fortnightly Clubs of Summit, will join forces to present the **Twin Maples Centennial Show House**. Prominent designers will lend their talents to the many rooms of the mansion and adjacent carriage house. Proceeds from the month-long event will benefit both the Twin Maples Historic Preservation Fund and the Cancer Center at Overlook.

Twin Maples was originally built in the neoclassic genre, a familiar style to Americans, resembling the architecture of the White House. Its façade is primarily graced with a full-height porch and supported by classical columns. Its presence lends both statuesque and graceful qualities as it sits demurely off to one side of Springfield Avenue in Summit.

The home itself was originally owned by Gustav Amsink, said

to be the "wealthiest citizen of Summit," who then sold it to James Foley, a prominent New York attorney. The Foley's were childless, but occupied the home until Mr. Foley's death in 1916. Mrs. Foley proceeded to sell the house to Mr. and Mrs. Frederic Collins in 1918. The Collins had only one child, a daughter named Lydia, but they enjoyed the large home, entertaining often until Frederic's death in 1947 at the age of 90. It was then that Mrs. Collins sold the house for \$27,000 to the Fortnightly Club.

The members of the Fortnightly Club, the current owners of Twin Maples, and the Summit Junior Fortnightly Club, are dedicated to preserving this historic building, which boasts a long tradition of community service, enabling it to benefit future generations with "A Second Century of Service". The goal of the new mission beyond the renovation of the building itself, is to open the doors of Twin Maples for use by the other 200+ charities and non-profit organizations in the greater Summit community as well as throughout the state. Beyond the initial goals set by the Fortnightly Club, future plans include an endowment to preserve the estate for the future and additional fundraisers for continued restoration.

The Twin Maples Centennial Show House is being co-chaired by Fortnightly and Overlook Hospital Auxiliary member Heidi Evenson, and designer and owner of La Jolie Maison in Summit, Laurie Finn. Through their vision and tireless efforts and those of the many committee members who have and will continue to contribute their time, it promises to be a premiere event. General admission tickets will be available for sale for \$30 prior to the event in selected shops and on the website. The Show House will remain open six days a week from October 1 to November 2, 2008. The Auxiliary will be greatly involved in this exciting event and individuals are encouraged to volunteer.



## TWIG HAPPENINGS

### SU Twig #1

The Donate Life Committee is once again preparing for the **National Donate Life Month** in April. For the past few years our committee members have tied Green Ribbons on live trees throughout the 13 communities surrounding and including Overlook Hospital. This year, that activity will be replaced with a display of our new Donate Life Banner across Springfield Avenue in Summit from March 24<sup>th</sup> through April 7<sup>th</sup>. This banner will see further use in other communities in the future.

Donate Life committee members will be appearing before the Councils of the 13 cities, towns and boroughs surrounding Overlook Hospital to receive Proclamations recognizing April as **Donate Life Month**. Many times during the year, committee members make presentations to various community groups (clubs, schools, religious organizations, etc.) highlighting the increasing and continuing need for

Organ and Tissue Donations. On March 12<sup>th</sup>, Lenore Ford and guest speakers made a **Donate Life** presentation at the Twin Maples Club House of the Fortnightly Club.

New Jersey residents are aware that we can say "Yes" to Organ and Tissue Donation on our digital drivers' and ID licenses. The State of New Jersey Senate has recently passed The New Jersey Hero's Act, now making its way through the Assembly. When it becomes law, the act will provide that the Division of Motor Vehicles must ask for a "Yes" or "No" to become an Organ & Tissue Donor. The act also provides that donor information become part of the health curriculum for New Jersey students.

For further information, please call Lenore Ford at **973-984-2174** or Madonna Lee at **908-522-2004**.

### SU Twig #4



**SU Twig #4** was happy to present Erika Nardini, the head of Child Life, and the Pediatric Playroom, with many new Arts and Crafts materials worth over \$400. Items included new crayons, markers, modeling clay, paper, bunny ears, Easter eggs, shamrocks, foam stickers, door hangers, wood crafts for painting, play dough, glue sticks and more. Also delivered were several plastic drawers to house the new crafts.

Gathering and delivering the items was both fun and rewarding. Michael's supplied the gifts, and, although they do not usually provide discounts for

non-profit organizations, the manager made an exception by generously offering her 25% employee discount. These wonderful crafts are not only used by sick children, but serve as much-needed diversions for their siblings who may spend long hours in the hospital waiting with parents. The Arts and Crafts make a difference for all of the children by providing a little year-round cheer.

## OVERLOOK AUXILIARY TO FEATURE CARY BARBOR OF *MORE* MAGAZINE AT ANNUAL SPRING LUNCHEON



The Overlook Hospital Auxiliary will hold its Annual Meeting and Spring Luncheon this year on May 16 at Baltusrol Golf Club. The doors will open at 11:00 am to allow some time for pre-luncheon socialization. Tickets for the event are \$45.

This year the Auxiliary is pleased to announce that *More* magazine's new Health Director, Cary Barbor, will be the guest speaker for the event. Launched in 1998, *More* magazine is the only lifestyle publication whose target demographic is women over 40. Designed to make today's 40+ women look and feel better than ever, *More* features successful women who are still turning heads and making news. The magazine is enthusiastic about encouraging their demographic to experience life affirming, active lifestyles. *More* magazine's commitment to women's health will be exemplified during their fifth-annual *More* Magazine Marathon + Half-Marathon, which is open to all women runners over 40, in Central Park on Sunday, April 6<sup>th</sup>.

Ms. Barbor, who has recently joined the magazine, has enjoyed a 15-year career in publishing that has focused primarily on health and fitness issues. Prior to joining *More*, she was the Managing Editor of *WeightWatchers.com* where she oversaw its entire editorial content. Most recently, she spent two years as the Diet, Health and Fitness Editor at Hearst's weekly magazine *Quick and Simple*. (For additional information regarding Ms. Barbor see article below).

With *More*'s focus on celebrating the 40+ woman, Ms Barbor will discuss current trends in maintaining a healthy lifestyle from heart-healthy exercise and diet to the benefits of meditation to maintaining a healthy and calming outlook. If you would like more information about the Auxiliary luncheon or how to become involved in the *More* magazine Marathon + Half-Marathon, please check out the Auxiliary web site, [www.OHAux.org](http://www.OHAux.org).

## *MORE* MAGAZINE LATEST ACCOMPLISHMENT FOR CARY BARBOR

The Overlook Auxiliary Luncheon is proud to add to its list of speakers, Cary Barbor, *More* magazine's new Health Director. The magazine is the only publication of its kind, celebrating women in their 40's and 50's. Not a new face to the publishing industry, Cary has spent the last 15 years focusing on health and fitness issues, working for publications such as *Quick and Simple* and *WeightWatchers.com*. During her tenure with *WeightWatchers*, she increased paid subscriptions by more than 30%.

Ms. Barbor's career encompasses not only the publishing industry, but also a broad array of health and human services. In 2001, a journalism fellowship at the Centers for Disease Control saw her studying medical journalism and reporting, learning epidemiology and biostatistics, and working on-site in Kenya with malaria prevention and eradication. Her fellowship also took her to Alaska where she studied

outbreaks of food borne diseases, viral meningitis and other illnesses.

Barbor has gained extensive experience both writing and editing for leading publications such as Meredith Corp's *Fitness, Shape, Health, and Psychology Today*. As well as *WeightWatchers.com*, her additional online experience includes: *ReadersDigestHealth.com*, as Consulting Editor, and *WholeHealthMD.com*, a site combining conventional and alternative medicines. She has edited and contributed to many books including: *Know Your Options* (Reader's Digest, 2002); *Bottom Line Health's Complete Book of Simple Solutions* (Bottom Line Books, 2000); and *The Complete Book of Fitness* (Three Rivers Press, 1999).

Ms. Barbor received her Bachelor's Degree from Lafayette College and her M. A. from the University of Massachusetts. She is based in New York City.

## VOLUNTEER SERVICES

## VOLUNTEER OPENINGS

The **Messenger Room** could use some help! We remain busy facilitating discharges, running errands, delivering patient mail and flowers, miscellaneous mailing projects, and sorting Doctor's mail! We would be grateful for any volunteers, especially all day Tuesday and Thursday and Friday mornings.

**\*\*If any adults are interested in volunteering on Saturday mornings from 8 a.m. - 12 p.m. we would be thrilled to have you! The room cannot remain open without adult supervision.**

**4-AMBULATORY** is looking for help in their reception/waiting area on Mondays and Wednesdays from 6 a.m. to 12 p.m., 12 p.m. to 5 p.m. and on Fridays from 6 a.m. to 10 a.m.

**BLOOM** would appreciate assistance most days, training provided.

**BREAST CENTER** needs volunteers to serve as greeters at the main desk and to do miscellaneous errands and patient transport any weekday between 9 a.m. and 5 p.m.

**EMERGENCY ROOM** seeks help all day, any day of the week.

**ENDOSCOPY** is seeking help with discharges and preparing stretchers.

**FOOD SERVICES** would appreciate volunteers to do clerical work any weekday morning.

**FOUNDATION** is in need of clerical and mailing assistance any day from 9 a.m. to 4 p.m.

**GIFT SHOP** is in need of help at the register for flexible days or as a substitute.

**INFORMATION DESK** has the following openings:

Wednesday and Thursday nights 4:30 to 8:00 pm

Substitutes for all shifts

*If you enjoy Customer Service, this is the job for you! We provide on-the-job training for the computer, phones, and directional information.*

**MEDICAL CREDENTIALING** would appreciate assistance with filing, faxing, data entry, and mail retrieval on Tuesdays, Thursdays and Fridays between 10 a.m. and 4 p.m.

**NEUROSCIENCE OUTPATIENT** seeks volunteers any weekday between 8 a.m. and 4 p.m. for filing, collating, and data entry.

**PAIN MANAGEMENT/WOUND CARE** would appreciate several volunteers for patient transportation, confirming appointments, filing, collating packets, faxing and making copies.

**PEDIATRICS** needs volunteers for the playroom weekend mornings or afternoons.

**PHARMACY** needs help weekdays from 2 to 4 p.m. at their pick up window for prescription retrieval.

**TUMOR REGISTRY** would appreciate help with data entry any weekday afternoon.

**VALERIE CENTER** would appreciate clerical and filing help on Tuesdays between 9 a.m. and 3 p.m.

If you are interested in volunteering in a department that is not currently on this list, feel free to call us, as we receive new requests for volunteers daily. Please contact **Sandi at 908-522-2099** or **Kristen at 908-522-2720** if you would like to volunteer!



## VOLUNTEER SERVICES

## NATIONAL VOLUNTEER WEEK

APRIL 27 – MAY 3

*It's that special time of year when we all have an opportunity to thank our many dedicated volunteers!*

On a daily basis you will see men, women and teen volunteers scurrying around the hospital donning their bright pink, light blue or dark blue smocks. Have you ever wondered what these volunteers do in the course of a shift? On any given day, they will participate in upwards of 40 discharges and STAT blood or pharmacy runs. They deliver medical records, sort and stuff Doctors' mail, run numerous errands and assist as needed in various departments throughout Overlook Hospital. Their work is diversified and always done with a smile. Their purpose is to assist hospital staff wherever an extra hand is needed and they work selflessly for the good of the hospital and society.

There is also a large contingent of Auxiliary volunteers who dedicate many of their volunteer hours outside of the hospital. You'll find them as the driving force behind numerous fundraisers to support "Wish List" items for departments, who may not otherwise be able to acquire that something "extra." They support and spread organ donor awareness, knit new baby hats for Maternity, sew hand puppets for several departments coordinate and decorate Overlook Hospital for the holidays and create "Love Pillows" for post-operative patients.

It is clear that our volunteers are invaluable—let's show them how very much they are appreciated, especially during National Volunteer Week. If you see one pass by, please give them a word of thanks and encouragement and let them know how you feel!

## TWIG HAPPENINGS

## Save the Dates

Hoboken Style Clothing &amp; Scholastic Books

SCHOLASTIC

Friday, April 11, 9:30 am - 4:30 pm  
Wallace Auditorium

Sponsored by SH Twig #27



D &amp; D International Jewelry Sale

Friday, September 19  
9:00 am - 5:00 pm  
Wallace Auditorium

Sponsored by SH Twig #27

Jones New York Coat Sale

Wednesday, November 12  
9:00 am - 5:00 pm  
Wallace Auditorium

Sponsored by SH Twig #17

2008 Holiday Bazaar

Wednesday, December 3  
9:00 am - 5:00 pm  
Wallace Auditorium

Sponsored by SH Twig #27